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- Well-appointed L-shaped island kitchen with corner pantry

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IMMEDIATE POSSESSION

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## GARNET



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3 beds, 2.5 baths
- Open main floor with cozy great room fireplace
- Chef's upgraded island kitchen illuminated with pot lights

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3 beds, 2.5 baths
- Upgraded gourmet kitchen with pot lights next to living space with fireplace
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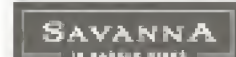


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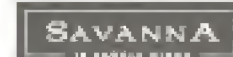


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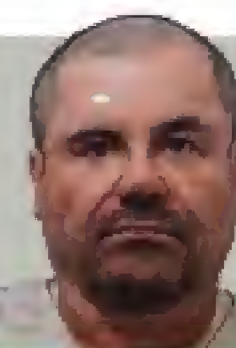


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## Victims' lock useless: Expert

GARLAND TRIAL

### Locksmith says hole drilled into it made it non-functional



Lucie Edwardson  
Metro | Calgary

A lock expert said a hole drilled into the top of a lock at the home of Alvin and Kathy Liknes rendered the lock useless, court heard Thursday.

Douglas Garland, 56, is charged with three counts of first-degree murder in the deaths of five-year-old Nathan O'Brien and his grandparents Alvin and Kathy Liknes in June 2014. He pleaded not guilty to all three counts Monday.

Monte Salway, an American locksmith of nearly 30 years, certified instructor for the Associated Locksmiths of America, and employee of parent company Schlage locks, took the stand Thursday to testify about his examination of a Schlage BE365 taken from the Liknes home by the Calgary Police Service in June 2014.

In their opening statement, the Crown said evidence showed Garland had conducted "meticulous, painstaking research" into the Likneses and also researched the lock on the

side door of their home.

"On June 13, just 17 days before the Likneses and Nathan disappeared, he started to research a specific lock, the Schlage BE365. The same lock on the Likneses side door, that was found open the morning of June 30," Crown prosecutor Vicki Faulkner said Monday.

Salway said he found two holes in the lock provided to him by CPS, one at the top and one at the bottom of the lock. He said he found the top hole "surprising."

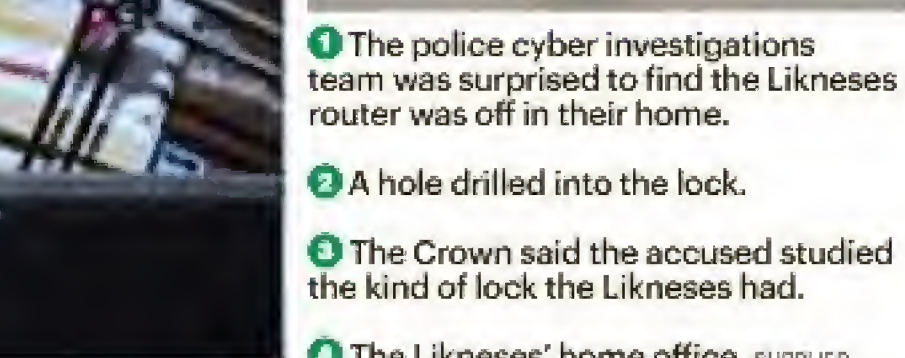
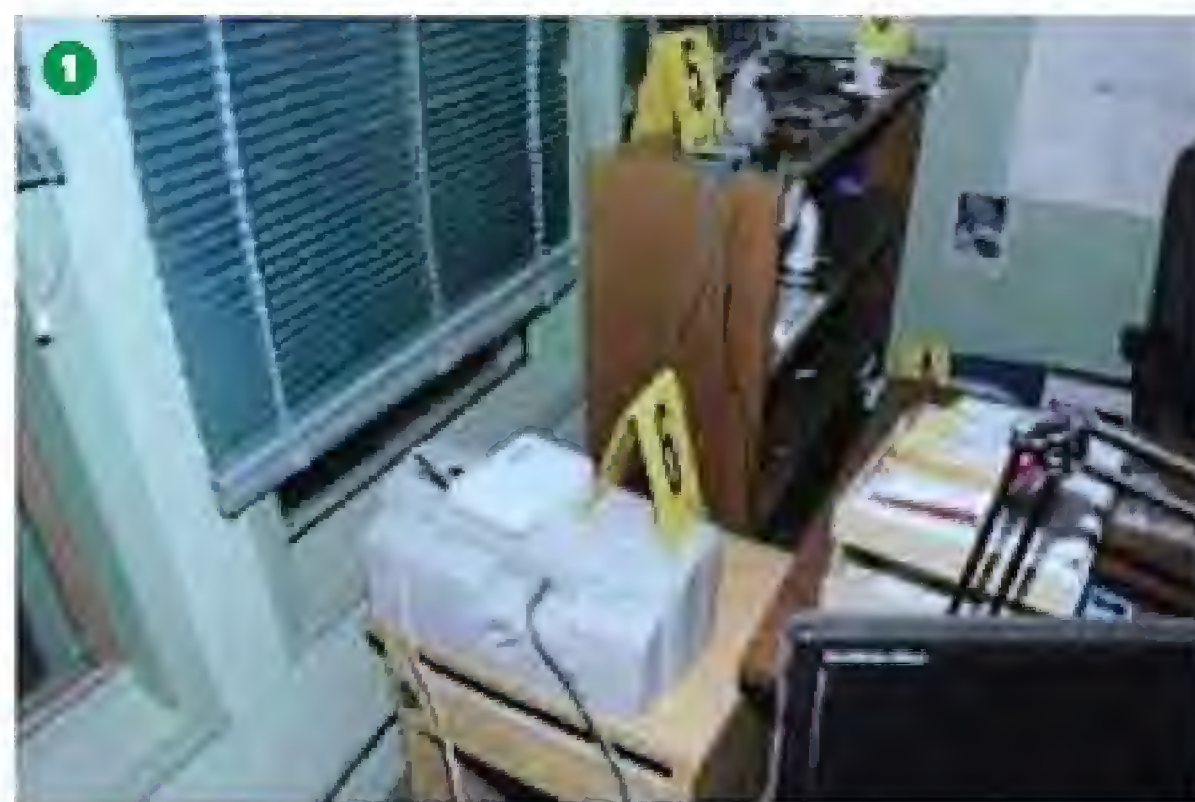
"A person in locksmithing trade wouldn't do that," he said. "No locksmith would drill there ... it damages too many parts."

Salway explained that by drilling the top hole, the keypad on the lock no longer worked, and it tampered with the secondary mechanism — a thumb turn — essentially rendering it useless. "It wouldn't

lock," he said.

CPS cyber investigations team member Const. Brian Clark took the stand later in the day, telling court about attending the Liknes residence on June 30, 2014 to collect any digital/electronic or cyber evidence.

Clark said he located two computers, a laptop, a printer, a VOIP (used to make phone calls over the Internet), a number of cords and a router at the Liknes home. He said he considered it "unusual" that the Likneses' router was off.



router was off.

In an agreed statement of facts, the Crown and defence agreed the router went offline sometime between 2:10 a.m. and 8:10 a.m. June 30, 2014.

Had the router been on, Clark said he would have been able to pull information as to who was logged into the Wi-Fi, but because it was off all information was wiped.

When cross-examined by Garland's defence, Clark said the router logs would only be of any device that signed onto the Likneses' Wi-Fi, other devices would not register.

Day 5 witnesses are expected to include CPS officers who are experts in footwear and footprints, and a homicide detective involved in the arrest of Garland.

**"No locksmith would drill there ... it damages too many parts."**

Monte Salway

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## CRIME

## 47 stolen vehicle reports on weekend

Calgary police responded to an overwhelming number of stolen vehicle reports last weekend.

In a release, CPS said 18 of those vehicles had keys left inside before they were stolen.

Stolen vehicles continue to be a problem in Calgary.

One vehicle stolen during the weekend in question had two children inside.

Another stolen vehicle was used to ram a police vehicle and injured four officers, according to CPS.

The CPS Prolific Offender Engagement Teams are being increasingly used to identify prolific offenders.

Multiple resources are used to track down stolen vehicles, such as HAWCS, tactical and canine units, and patrol officers. METRO

## PETS

## Collie reunited with family after crash

A dog has been reunited with its owners three weeks after being separated in a car crash in central Alberta.

The vehicle rolled Dec. 23 on Highway 21 about 110 kilometres northeast of Calgary.

Angie, a border collie, ran away after the crash and her owners were taken to hospital.

Police say a friend of the owners' family put a kennel with a blanket and some of the family's things in the area the dog was last seen.

It worked — Angie was found the next day curled up on the blanket. METRO

# 'They've found the compromise'

## RECONCILIATION

## Metro looks at the history of the Langevin bridge's name



**Helen Pike**  
Metro | Calgary

No, renaming the Langevin Bridge won't erase our city's memory of the politician who has been closely linked with the rise of Canada's residential school system — at least that's what our treasured historian Harry Sanders says.

However, Jessie Loyer, Librarian of Indigenous Studies at Mount Royal University, hopes the city considers carefully what Reconciliation Bridge means, over one of the many indigenous languages for the Elbow spanning spot, before giving into a bad name.

"There are indigenous names for these places, and by renaming the bridge reconciliation in English, it silences those names that we have," Loyer said. "Those spaces are being covered up ... when the point is to be thinking about the ways indigenous history has been silenced."

As history shows, the bridge thousands of Calgarians use to access the core isn't the same one that was named after Hector-Louis Langevin in the city's infancy. That one was made from wood, and replaced with the metal one we're familiar with in 1911. Sanders inferred from news clippings that the city may have originally wanted to name the bridge after Langevin because



Historian Harry Sanders said the city's move to rename the bridge, but honour its history in plaque form is a good one. V FILE

they wanted him to care for it, maybe even grace the wooden structure with a coat of paint.

"It was a territory at the time, it wasn't yet the province of Alberta, so the federal department of public works built the bridge in 1888, and the minister was Hector-Louis Langevin," Sanders said. "Initial accounts just had it as the Bow River Bridge."

He explains that at the time of replacement, The Albertan, which is now the Calgary Sun, actually editorialized against transferring the name to the new bridge, instead asking it to be called the Riverside Bridge.

When built in the '70s, the

4 Avenue flyover was also named the East Langevin Bridge, but later changed names.

Similarly, the Langevin School isn't the original. Sanders said it was actually first called the Riverside School, renamed and then burned down before being rebuilt.

In a written statement, the CBE said that they have a formal process for naming, and renaming schools.

"We have ongoing conversations with our Elder Advisory Council about school names and their importance," said CBE board chair, Joy Bowen-Eyre in a prepared statement. "We are com-

mitted to respectful dialogue that honours the traditions of schools and the interests of all concerned stakeholders."

A spokesperson confirmed there are no processes underway to change the school's name.

Sanders said the city's move to rename the bridge, but honour its history in plaque form is a good one.

"I'm all for keeping relics of the past, but I think people's feelings trump other considerations," he said. "It still preserves the history, and contextualizes the whole thing — it's all going to be there, they've found the compromise."

## EDUCATION

## University plans course expansions

According to administration at Mount Royal University, students are crawling through degrees, and class offerings need to change so students can graduate on time, and the institution can continue to make the money they need to be sustainable.

But faculty aren't pleased. Mount Royal Faculty Association president Marc Schroeder sees this as a move to increase class sizes, a dirty word for an institution that's worked hard to brand themselves as the go to post secondary for personalized learning.

According to an email sent out to staff and faculty by David Docherty, the school is losing money, as much as \$2 million annually, because students who are unable to get the classes they need to complete degrees turn to online courses at other institutions.

"In examining data, we have discovered that many of our students do not carry a full load — not by choice, but because they are unable to enrol in the classes they require," wrote Docherty.

"We are currently losing tuition revenue in excess of \$2 million annually with students taking the courses they need elsewhere. This is revenue we cannot afford to lose and has a serious impact on our long-term financial sustainability."

But Schroeder said the school hasn't brought the data they reference through the correct processes: the General Faculties Council, a body he says is supposed to help the school make these academic decisions in the first place.

"We think it's completely premature," Schroeder said. "The university hasn't proven this is a problem."

HELEN PIKE/METRO

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## POLITICS

# Premier creates child welfare ministry

Alberta Premier Rachel Notley has taken responsibility for child welfare away from what was the Human Services Ministry by creating a stand-alone department.

Danielle Larivee becomes the new minister of Children's Services.

She was minister of municipal affairs where she stickhandled the government's way through the aftermath of the Fort McMurray wildfire.

Notley said she made the change "so our government

can place an increased focus on protecting children."

"All children deserve a safe healthy home. When a child's home isn't safe, we have a responsibility to step in and do whatever it takes to make sure kids are protected."

Human Services is being renamed Community and Social Services and will continue to be led by Irfan Sabir. He was criticized last fall when it was revealed there had been little action for two years in the case of

a four-year-old girl named Serenity, who died while in the care of extended family members.

Serenity had been physically and sexually abused, was extremely malnourished and weighed just 18 pounds when she died. Child advocate Del Graff had reported that warning signs of maltreatment were investigated and dismissed.

Notley announced a panel in December to review the province's child-welfare system and its members were revealed Wednesday.

nesday.

She said Larivee will immediately begin work on the panel which is to recommend ways to improve reviews into child-welfare deaths, to strengthen child intervention and to address issues that lead to children becoming wards of the province.

Shaye Anderson, the member of the legislature for Leduc-Beaumont, moves up from the backbenches to replace Larivee at Municipal Affairs.

THE CANADIAN PRESS

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Tenants in six units at Hunter Estates Housing Co-op were told they had to leave their homes and possessions on Wednesday while experts remediated their units due to asbestos contamination. JENNIFER FRIESEN/FOR METRO

# Co-op puts up displaced tenants

## PUBLIC SAFETY

## Landlord's lawyer quiet after asbestos found in homes



**Brodie Thomas**  
Metro | Calgary

Six families displaced by asbestos concerns at a Calgary housing co-op say they have now been offered hotel rooms and spending money, but still have many questions for their landlord.

Metro spoke with one of the tenants, whose identity we've agreed to protect. The mother of two young children said so far she's been offered two weeks in a hotel and \$300.

"It doesn't even have a kitchenette," she said. "They said they aren't going to give us any more money until maybe next week, so the \$300 has to last us to keep buying fast food."

The housing co-op told six tenants they had to leave after conducting inspections and air quality testing in the units. The tenant we spoke with said the co-op would not tell them the

results of those tests.

A letter from Hunter Estates to the six affected tenants said remediation work could be completed by March 31.

When contacted, Hunter Estates Housing Co-op directed Metro to their lawyer, Kirk Mason.

Mason was unable to answer any questions about the nature of the asbestos contamination or how the matter was being handled.

"I can't answer particulars as to what the legalities are for Hunter (Estates) or for co-op members," he said. "That's all subject to privilege. I can tell you everything is in the process of begin fully discovered and fully assessed."

He added that Hunter Estates is taking the issue very seriously.

Tian Faiz, press secretary to Service Alberta Minister

Stephanie McLean, said Albertans facing a situation such as this can call the province's consumer protection line at 1-877-427-4088.

"In this situation, we understand remediation work is underway to ensure safe living conditions," she said. "We are actively working with this family to provide them the help they need to determine if they can get out of their lease or to seek compensation from the landlord."

**The \$300 has to last us to keep buying fast food.**

Displaced mother of two





# Exciting New Cure for Nail Fungus?



If you have watched any television or listened to any radio lately you have probably heard the commercials telling you to ask your doctor what can be done if you have nail fungus. A new topical medication was recently brought to market to treat nail fungus, and since statistics suggest that one out of ten people have nail fungus this is a pretty big deal. I'll tell you more about it, but first I want to tell you more about nail fungus and an alternative solution that your doctor will probably not tell you about.

The technical name for nail fungus is Onychomycosis. There are many different species of fungus that can cause Onychomycosis and once an infection develops it can be difficult, if not impossible, to get rid of. Nails infected with fungus tend to grow slowly as the infection becomes embedded within the nail bed. While unsightly, it is often ignored because the infection can exist for many years without causing pain. It affects men more than women and, left untreated, can result in loss of the nail.

**It tends to run in families because it is contagious!**

Until recently the only effective treatment involved oral medications that took months to be effective and presented many potential side effects including liver damage. To add insult to injury, these medications often didn't work. The fungus frequently came back. The medication you've seen advertised is a breakthrough because it is a topical solution that doesn't involve the serious health risks of the oral medications. On the flip side of the coin, it is a pricey medication and success is not guaranteed. Side effects include skin irritation around the nail, redness, itching, burning and potential blistering. After first filing the surface of the nail the solution is applied like a nail polish. This must be done daily for several months until healthy nail growth is apparent. I don't know about you but that sounds like a lot of work to me. I'm not sure I could be that

dedicated. If you think you have nail fungus, ask your doctor to be sure. If you do, I have some really good news for you!

**Nail fungus can be eradicated with lasers!**

Skinpossible offers a laser treatment known as Clearsteps<sup>®</sup> that can get rid of nail fungus. Clearsteps allows us to gently apply just enough bulk heating at the perfect depth within the nail bed to kill the fungus. A series of quick, safe treatments has proven effective at killing nail fungus on the toes and on the fingers!

It's best to treat nail fungus in the early stages before the nail starts to crumble or twist. Left untreated, nail fungus will always get worse and will never go away by itself. The laser treatment can kill fungus at any stage and the sooner you get started the sooner you will have healthy nails.

A series of four treatments performed one to four weeks apart will eliminate the fungus for good! If you wish, nail polish may be worn between treatments and removed before arriving for treatment. There is no need to do any daily nail care between treatments.

Unfortunately, the fungus could be inside your shoes which could re-infect the nails. An inexpensive medical device known as a Sterishoe Insert can be placed inside of all existing shoes to kill the nail fungus. Lasers work well! In fact, if all treatments are completed on a timely schedule (within a 2 month period) and Sterishoes are properly used, we guarantee results. If any sign of nail fungus returns within a year we will retreat without charge!

The ability to eradicate this unsightly condition with lasers is a breakthrough for those suffering from nail fungus! If your doctor has diagnosed you with Onychomycosis call and schedule a telephone consultation to learn more about Clearsteps, the laser treatment for nail fungus.

Skinpossible is a private medical aesthetics clinic. Our prices are competitive and our Chaparral Valley location is easy to get to from anywhere in the city. Evening and Saturday appointments are available and parking is free.

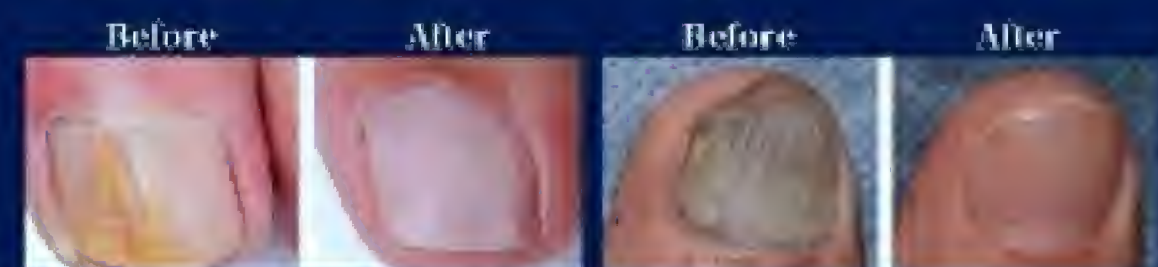
If you notice any of the following changes in your nails you may have nail fungus:

- Yellow or brown discoloration.
- White or yellow streaks
- Brittleness or thickening.
- Change in the shape.
- Crumbling of the outside edges.
- Debris trapped under the nail
- Loosening or lifting.
- Loss of lustre and shine.
- Toes or fingers that are painful, red, or drain pus.

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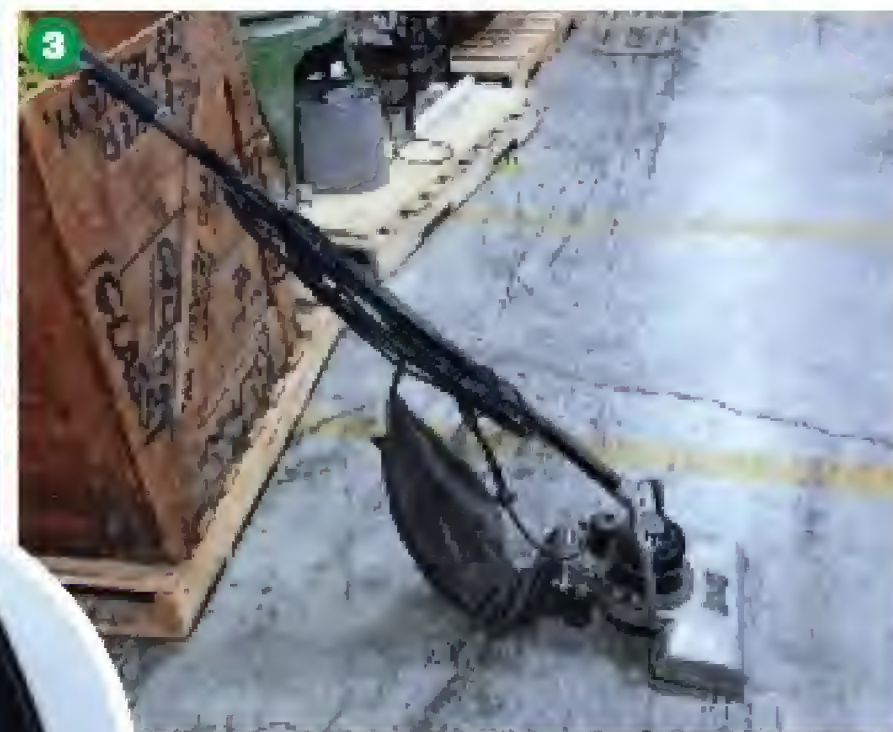


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**1** This Udderly Art Cow is from a 2000 charity campaign. Companies initially purchased the cows for \$5,000, but the city has appraised this fibreglass beaut at \$1,750.

**2** Maybe you're ready to settle down, and your significant other deserves the best but you can't quite afford it. Here's a \$1,900 ring to show them you're ready to spend the rest of your life together.

**3** The original Hoover vacuum isn't great for cleaning anymore, but at \$90 it's a good collectors' item.

**4** 1800s organ manufactured by Karn, one of Canada's most esteemed fabricators is priced at \$480 — it works, and only needs minor repairs.

ALL PHOTOS COURTESY CITY OF CALGARY

# A treasure trove of surplus sales

## CITY HALL

### Practicalities, odd gems are available for all collectors



**Helen Pike**  
Metro | Calgary

We're calling her 'Berta Bessie,' she's an "Udderly Art Cow" and you could take the life-

sized fibreglass piece home from the City of Calgary's surplus catalogue for just \$1,750 — and everyone knows she's a priceless relic.

If you're not much of a cow fan, there's a vintage "original" Hoover with your name on it. It's in disrepair, and might not get rid of your dust bunnies, but for \$90 it's a collector's dream.

The city's been slowly updating their surplus sale webpages with the first phase of updates in May and another at the end of November, stream-

lining how easily Calgarians can access their catalogues, and look at the top notch items for sale.

"We've got better software," said Michael Harle with the



Everything that comes through here is unique, you never see the same thing twice. Michael Harle

City of Calgary. "Brand new database, brand new sales software and a brand new feed to the website — it certainly makes things better. Do the

total sales go up? We'll see."

But where do these relics even come from?

The answer is complicated, because the city sources items from all different av-

enues. Sometimes they get

antiques from places like Fort Calgary, other times it's a lost and found find, old supplies the city no longer needs, or even the proceeds of crime.

Whether it's a recycling bin that's past its prime (\$100) or maybe an old saddle (\$600) it's got to go somewhere. And in these cases the city is taking the junk they don't use anymore and selling it as treasure for someone else.

But some of the other oddities are coming from court seizures. Yes, you can own someone else's stolen goods guilt free at an affordable rate. Why guilt free? Harle says companies who are robbed of their goods often have their

claims long filled by insurance by the time the city's surplus store gets their hands on the goods.

"Everything that comes through here is unique, you never see the same thing twice," Harle said. "One time a jewellery store got hit and it was beautiful 10k starter stuff, it even came mounted on the display boards."

He says nothing they get in surprises him anymore, and he doesn't get emotionally attached to the stuff that comes in.

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# Defining the fight to end homelessness

## HOUSING

## Report coins two definitions of 'homeless'



**Jennifer Friesen**  
For Metro

When talking about keeping a roof over the heads of all Canadians, Alina Turner refers to

an old adage: "What's measured gets done."

The research fellow with the University of Calgary's School of Public Policy co-authored a report, released Thursday, declaring that, while ending homelessness is possible, we need to define the problem.

Calgary was one of many Canadian cities that set out to end homelessness, with a 10-year plan in 2008. But as Turner began her research in 2015, she

and her team discovered that there was no set bar for what that means.

"Cities, counties, regions, municipal, provincial and national governments seem to have their own definitions," she said. "Obviously it's a really tough thing to bring the country together around this goal if we're speaking different languages, so there's a need for us to get on the same page."

In response, the report

coined two definitions: "functional" zero homelessness, and "absolute" zero homelessness.

Turner said the immediate goal should be "functional" zero homelessness, defined as having enough services to prevent, offer services and ensure anyone who needs a home finds good-quality lodging quickly.

"Those two things don't need to be in conflict," Turner said. "We can have a 'functional' zero approach to ending home-

lessness, and we can have that 'absolute' zero in mind as our ultimate vision."

The report analyzed data from 42 people who experienced homelessness and 60 jurisdictions across the world in an attempt to reach these definitions and see how the "end of homelessness" could be measured.

In the end, Turner said that Alberta was used as a "starting point" for the definitions due

to all the work the province has done.

"Truly, in Canada, the community that's the closest to 'functional' zero, as we describe it, would be Medicine Hat," she said. "And it's really promising because it shows us it's achievable."

Still, she says that there's still "work to be done," reiterating that "functional" zero is a benchmark, but not the goal.

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This sample orthophoto of the Alberta Children's Hospital is not zoomed into the full 10-centimetre-per-pixel resolution the system offers. COURTESY CITY OF CALGARY

## URBAN PLANNING

## Photographing the city, 6,000 feet up



**Brodie Thomas**  
Metro | Calgary

Every spring and fall, from roughly 6,000 feet, a plane makes passes over Calgary, snapping photos and gathering data.

It's not focused on people or cars, but the lay of the land and structures — data that goes into the city's own private Google Earth-like system.

While most of us find Google Earth fun and often helpful, the City of Calgary needs more detailed data for its planning purposes.

Liz Findlay, manager of Geospatial Business Solutions with the city, said Calgary has had a formal program collecting this data since the early 1990s. The technology has grown by leaps and bounds in that time, leading to the current system.

She explained that there are two varieties of photography done, and that each serves a different purpose.

Orthophotography involves taking special photos that can be used for precise measurement of distance and area. Oblique photography gives a more three-dimensional look at the land and buildings.

"Orthophoto is captured

in the springtime, before the leaves are on the trees," she said. "Oblique are done after what is typically the construction season. After the leaves have fallen but before the snow fall."

Once digitized, each pixel of the image represents a square 10 centimetres by 10 centimetres at the highest resolution.

"It's enough detail that we can see a manhole in the street, we can see catch basins — those square ones in sidewalks."

Findlay said the image capturing is done by a private company that bids on the work each year.

"It's used by the assessment department, roads department, planning department — all with particular aspects related to their fields," she said.

Other city departments make use of the data, too. A Calgary Police Service spokesperson said the force uses the city's data to make sure its own mapping technology is as accurate and up-to-date as possible.

The data is available to the general public for a price, although there are some free maps available of the 2013 flood. Check out [cityonle.calgary.ca](http://cityonle.calgary.ca) for more information.



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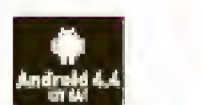
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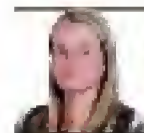
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# Police officer pleads guilty

COURT

## Accused of forcible entry into home of former wife



**Lucie Edwardson**  
Metro | Calgary

A Calgary police officer accused of breaking into his ex-wife's home plead guilty to forcible entry Wednesday.

As the crime is domestic in nature, Metro will not be naming the 34-year-old officer.

According to an agreed statement of facts, in April 2016, the couple were in the midst of a contested divorce and property division, but a judge had granted the wife interim, exclusive ownership of their home, prompting her to change the locks.

The officer was given permission to go to the home to pick up his things, but only with a police escort — something he failed to do by going to the home on April 13,



Because it was a domestic dispute, the name of the officer has not been released to protect the identity of the victim. METRO FILE

alone, knowing his wife was out of town.

The wife had even given her

neighbours a key, and asked them to keep an eye on her place as she "feared" her hus-

band would try to get in.

In an agreed statement of facts, the officer said he at-

tempted to enter the home through the front door and garage, but when that failed

he called a locksmith, who proceeded to drill a through the lock on the front door.

The neighbours witnessed the locksmith in action and called 911, asking for police to come to the home.

As police arrived the officer was in the midst of loading his pickup truck with personal items from inside the home.

Wednesday the officer pleaded guilty to the charge. He will be sentenced later this year.

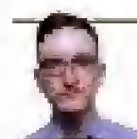
A slew of Calgary Police Service officers have been charged with various crimes over the last year including assault, kidnapping, and obstruction of justice.

Most recently, the new Calgary Police Association president, Les Kaminski, and CPS Const. Brant Derrick were arrested following an investigation by ASIRT into a 2008 incident.

Kaminski has been charged with one count of assault with a weapon and one count of perjury. Derrick was charged with one count of assault causing bodily harm and released with conditions.

ENTREPRENEURS

## Sisters' vintage paint to be included in Grammy swag bag



**Kevin Maimann**  
Metro | Edmonton

Two Edmonton sisters-in-law are going to the Grammys.

Or, at least their products are.

Entrepreneurs Desiree and Andrea Vienneau said they literally jumped for joy when they found out their Reloved vintage furniture paint will be included in a Swag Bag that will go to each performer and presenter at next month's Grammy Awards in Los Angeles.

"Whenever we do something right we kind of break out into this silly happy dance, like a jump-around dance. And the Grammy one was a full-on rapping '90s Salt-N-Pepa and jumping up and down and kind of disbelief — a pinch-me moment," Desiree said.

"It was a lot of work to get into the Grammys and we just couldn't believe it was finally happening."

The two started working together five years ago when Andrea's garage was filled with inherited furniture.

With Andrea's chemistry background and Desiree's love

of power tools and hands-on work, they put their heads together to brew a "magic paint" that could refinish tables and chairs without prep work.

Reloved is now in 45 retail stores across Canada, including two in Edmonton, with plans to expand into the U.K.

The pair spent nearly a year on the arduous Grammy application before getting approval, and had to keep it secret since October.

They've sent off 175 kits — including paint, finish, a brush and instructions — that would each retail for over \$100.

"It's a big leap to do something like that," Desiree said. "We don't spend huge dollars on advertising, that's just not in the budget. So you take a big leap and — sometimes you just have to."

The pair would love to get a call from Ellen DeGeneres or Justin Timberlake, but if that doesn't happen, Desiree is happy to do her part in raising the profile of women entrepreneurs at home.

"There is such a huge camaraderie of women in business in our city, and even on a bigger scale across our country," she said.



Desiree Vienneau, left, Andrea Vienneau, right, have sent boxes of their Reloved vintage paint to the Grammys.

KEVIN TUONG/FOR METRO

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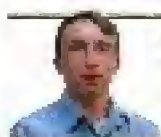


Jen Malzer, project manager on the 4 Avenue Flyover public space, says many cities have turned spaces under overpasses into vibrant community spaces. JENNIFER FRIESEN/FOR METRO

## Kids to help design park

### URBAN PLANNING

#### Sixth-graders have input on public space under overpass



Brodie Thomas  
Metro | Calgary

Calgary plans to bring in some of the best and brightest minds in design to landscape a new park under the 4 Avenue Flyover.

Just who are these designers, you ask? It's the Grade 6 class from nearby Langevin School.

"Kids have such a great wealth of imagination, but also the kids we're going to be working with are 12, so they'll be able to put it into what's feasible," said Jen Malzer, manager on the project.

The students will also be partnered with landscape architecture students from the University of Calgary.

The park is meant to help tie together the community of Bridgeland with the city's downtown.

"Bridgeland is such a pedestrian mecca and so is the

downtown, but then you have this space in between that should be a natural connection and it isn't working for the community," said Malzer.

It was the Bridgeland-Riverside Community Association that first brought the idea to the city.

Ali McMillan, planning director for the community association said the space was most recently used as a parking lot for workers on a road project.

"We knew we didn't want it to be a parking lot, and we knew Bridgeland was lacking a gateway," she said.

"Lots of people don't know our neighbourhood is back there, and we always had our eye on that site."

She said the city had the idea of student involvement, and it just happened that the Grade 6 classes were working on a unit about democracy and how we impact our world.

Malzer said residents or anyone in the city can now take part in online feedback with what they'd like to see at the park.

There will be a project open house on Jan. 25.

For information check [Calgary.ca/flyover](http://Calgary.ca/flyover)

### ANIMAL WELFARE

## Death of penguins remains a mystery



Elizabeth Cameron  
For Metro | Calgary

There is no conclusive evidence to suggest why seven Humboldt penguins drowned last year at the Calgary Zoo, which released results of its investigation Thursday.

"Unfortunately we haven't been able to learn a lot more than we already knew," said Jamie Dorgan, director of animal

care at the Calgary Zoo.

He said they looked through surveillance camera footage and interviewed staff and contractors who would have been in the area Dec. 7, 2016.

Dorgan said the zoo thinks something may have scared the penguins during the night and caused them to jump en masse into one of two nearby pools, in a holding area the colony was kept in while the Penguin Plunge was under renovation.

A number of precautionary

changes are being made to the back holding area to prevent more deaths, including restricting access to pools when staff are not present.

A maximum number of birds allowed in the holding area at one time will also be set.

Rob Laidlaw, executive director of Zoo Check, a charity that works to protect animals in captivity, called the investigation's results disappointing but unsurprising.

Laidlaw called the changes a

"first step," but wondered about impacts to the penguins' welfare.

"I understand why they're doing it — but it may be they maybe shouldn't have the penguins at all," he said.

Dorgan called the incident isolated, but said the zoo is taking the welfare of remaining penguins seriously.

"Restricting access to the pool overnight should have very little to zero impact on their welfare — at night these birds would normally roost," Dorgan said.

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<small>7 TO CHOOSE</small>	<small>8 TO CHOOSE</small>	<small>2 TO CHOOSE</small>	<small>2 TO CHOOSE</small>

2013 LEXUS RX 350 F SPORT	2013 LEXUS RX 350 TOURING	2012 FORD FIESTA	2012 HONDA CIVIC EX-L
STK#7156A	STK#7232A	STK#7183A	STK#161290A
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<small>2 TO CHOOSE</small>	<small>2 TO CHOOSE</small>	<small>2 TO CHOOSE</small>	<small>2 TO CHOOSE</small>

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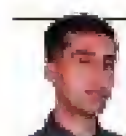


Jeff Ehmann, right, a millennial entrepreneur who employs other millennials, said his generation isn't very different from older ones in the workplace. A study called Debunking the Millennial Myth agrees. AARON CHATHA/METRO

# Age ain't nothing but a number

**JOBS**

## Study says millennials don't need special accommodations



**Aaron Chatha**  
Metro | Calgary

Organizations don't need to adapt to a millennial workforce.

That's because, when it comes to workplace engagement, millennials really aren't different from any other generation.

We realize that's contrary to what common media, speaker series or your Facebook wall might say, but a WORKshift and Calgary Economic Development study, which profiled 2,000 on-line surveys, found that the average Canadian worker can't be segmented into age-related categories.

Ask your average millennial, and you'll likely get a big ol' "no duh."

"It's really tough to blanket an

entire group or everyone born in the mid-'80s as entitled, lazy or highly demanding," said Jeff Ehmann, founder of Calgary startup MicroMech, an on-site mechanic service.

Ehmann is a millennial, and about 80 per cent of his staff are millennials.

"In our experience, everyone on our team is extremely motivated, everybody's extremely hard-working," he explained. "In terms of the typical stigma or traits that get pegged on millennials in the workplace, (that) hasn't been our experience at all."

Ehmann blames the stigma on the amount of communications mediums available — people can easily tweet or post their opinions, without doing the research and getting the facts, which tends to influence their social circles.

He said his staff is highly motivated, and it's not because of any special perks, just that they believe in the company and the work they're doing — even if it means long hours.

Nick Turner, professor of

organizational behaviour at the University of Calgary, said there's actually no research to substantiate claims that there are generational differences when it comes to work. History has a common thread: Everyone wants interesting, challenging and meaningful work, with good relationships in the office.

"The most astounding claim is that millennials value altruism or flexibility, and the data just doesn't substantiate that," said Turner. "And when I say the data, I mean people who've made a deliberate point to investigate generational differences."

There are no stats to clearly say millennials are more narcissistic.

The WORKshift study found flexibility and workplace culture were key to all generations. Employees can still be grouped — the study suggested categories like passive, boosters and cynics — but again, those were not age specific.

"You treat everyone as an individual," said Ehmann. "Everybody has their own needs, desires, wants and goals."

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MSRP: \$31,935	SAVE <\$1,750>	SAVE <\$1,500>
SAVE <\$3,250>	FINANCE PRICE: \$30,185	LEASE PRICE: \$30,435

2017 SPORTAGE  
LX AWD



STK# 200869

CASH PURCHASE	FINANCE	FINANCE
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MSRP: \$29,235	SAVE <\$1,250>	SAVE <\$1,000>
SAVE <\$1,000>	FINANCE PRICE: \$27,985	LEASE PRICE: \$28,235

2016 OPTIMA LX



STK# 17966

CASH PURCHASE	FINANCE	FINANCE
<b>\$20,785*</b>	<b>\$126/BW*</b>	<b>\$129/BW*</b>
MSRP: \$25,535	SAVE <\$4,750>	SAVE <\$4,750>
SAVE <\$4,750>	FINANCE PRICE: \$20,785	LEASE PRICE: \$20,785

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STK# 484081

CASH PURCHASE	FINANCE	FINANCE
<b>\$19,405*</b>	<b>\$125/BW*</b>	<b>\$122/BW*</b>
MSRP: \$24,155	SAVE <\$4,750>	SAVE <\$4,750>
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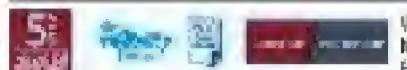
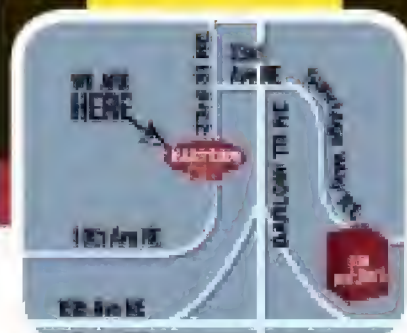
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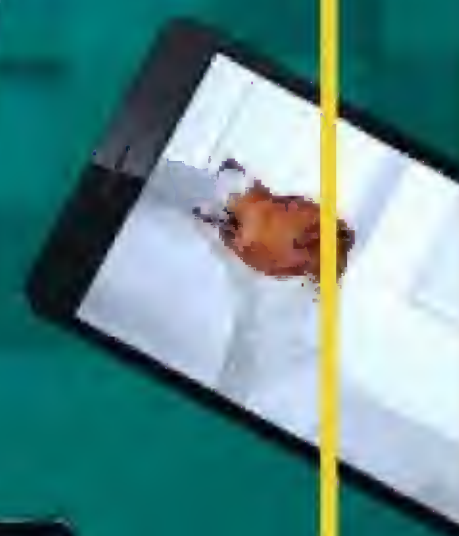
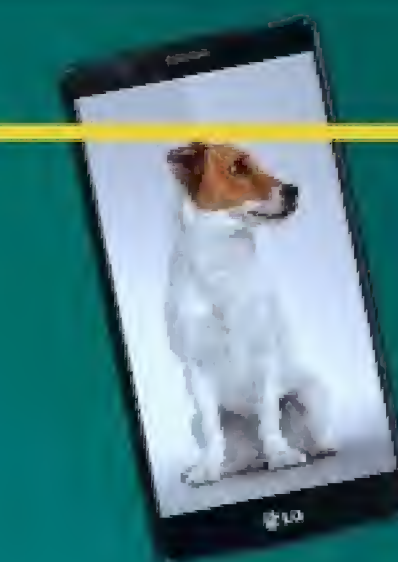
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## CRIME

## Stolen car investigation leads to fentanyl bust

It's not every day a stolen car investigation takes a turn and becomes a fentanyl seizure.

But on Jan. 11, ALERT locked down one of their largest fentanyl seizures after a joint investigation with the Calgary police.

A BMW reported stolen in June 2016 was the key to a search warrant carried out in Calgary's Riverbend and Mountview neighbourhood residences. ALERT said the

searches yielded \$75,000 in drugs, more than \$100,000 in cash and proceeds of crime along with the car.

Leslie Ma, 25-year-old man, and Anny Vo, 24-year-old woman, both from Calgary, were charged with a total of 22 crimes.

They include drug trafficking, possession of stolen property, and possession of proceeds of crime.

METRO

**POLICE SEIZED THE FOLLOWING:**

- Stolen 2016 BMW coupe
- 1,831 fentanyl pills
- 130 grams of cocaine
- 44 grams of crack cocaine
- 48 grams of heroin
- 2 grams of methamphetamine
- 24 grams of marijuana
- 13 grams of codeine
- \$104,342 in cash proceeds of crime

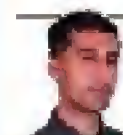


The annual conference will take a look at specific neighbourhoods, where experts will make suggestions to help encourage more people to walk. JENNIFER FRIESEN/FOR METRO

# Building a walkable, safe city

## INFRASTRUCTURE

## Annual Walk21 conference to identify areas of improvement



**Aaron Chatha**  
Metro | Calgary

Calgary's not a very walkable city, but the Walk21 conference is hoping to change that.

The annual conference takes place in a different city each year, and this September it will land in Calgary.

"We're an example of a city that needs to change in order to become more walkable," said Dr. Peter Sargious, a physician

of the Walk21 steering committee. "I think we're starting into that period of change, and having a conference like Walk21 is going to help us in a couple of ways."

will bring attention to the importance of walking to Calgarians, and second it will bring experts from around the world to discuss local opportunities for change.

Sargious points to new developments like East Village.

that have been built with pedestrians in mind, but the real struggle is in older parts of Calgary.

"Where we need the most guidance is looking at existing communities, suburbs in particular, and look at ways to make them more walkable without overly expensive investments in concrete and so on," he explained.

This could mean more street lights, or protection from the elements (which will go a long way in the winter months). More than that, it means making walking paths enjoyable — and helpful — to use.

Calgary is a relatively new city, built in a time where the ideal was to own a house and a car, according to Sargeious.

"But that's something we share in common with many

North American cities. Rather than see them as things we can't overcome, we should see them as challenges we need creative ideas to solve."

The conference won't be restricted to the board room though — pres-

entations will see academics heading outside, taking a look around, and making observations and suggestions based on their surroundings.

Walk21 takes place from Sept. 19 to 22. Visit [www.walk21.com](http://www.walk21.com) for more information.

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**Brian Thiessen, chair of the Calgary Police Commission.**  
ELIZABETH CAMERON/FOR METRO

# Police commission looks inward

## POLICING

### Body to review its policies in wake of union president's assault charges



**Elizabeth Cameron**  
For Metro | Calgary

The Calgary Police Commission (CPC) is questioning whether it could have done more to speed up an investigation into the actions of the police union's current president in 2008.

Sgt. Les Kaminski, recently elected president of the Calgary Police Association (CPA), was charged with one count of assault with a weapon and perjury in relation to the arrest and subsequent trial of Jason

Arkininstall, who was acquitted in 2011.

Another officer was also charged with one count of assault causing bodily harm.

ASIRT opened an investigation into the actions of both officers in January 2014, after Arkininstall's legal counsel filed a formal complaint.

The Calgary Police Service (CPS) determined at the time a formal investigation was not required.

The CPC learned about the matter in 2012, when the judge's ruling on Arkininstall's trial came to their attention, according to a statement from Brian Thiessen, CPC commissioner.

"The Commission (...) works diligently to ensure complaints, when submitted, are addressed appropriately," Thiessen said Thursday.

The CPC has initiated a review by their public complaint

director into what happened.

"She will (...) identify whether the Commission could have done more to push this matter forward," Thiessen's statement continued.

Investigations into the actions of police officers must be prompted by the police chief.

"We hold CPS to a high standard when it comes to bringing important matters to our attention," Thiessen said.

## DON'T LET THE CITY OF CALGARY DROWN OUT OUR VOICES.

The City wants ATU Local 583 to cut jobs in an effort to save a small amount of money at a time when their impressive, and growing, Rainy Day Fund amounts to more than half a billion dollars. Even worse, the proposed job cuts and outsourcing fails to consider hidden and long-term costs that will hurt workers and commuters alike.

Don't let The City make a mistake that will cause families to go under.

Join the fight against cuts that don't make sense. Go to [rainydayishere.com](http://rainydayishere.com) and find out how the City of Calgary's Rainy Day Fund can prevent them.



**There may be a high office vacancy downtown but experts think Calgary can emerge resilient.** METRO FILE

## ECONOMY

### Businesses hit hard but staying positive



**Helen Pike**  
Metro | Calgary

Entrepreneurs thrive on change. At least that's the mantra Chad Saunders, assistant professor, business environment, entrepreneurship and innovation at the Haskayne School of Business, is teaching students.

According to city data, 7,214 businesses were shuttered in 2016, while 7,376 started up. That's a slightly higher trend, on both the closing and opening side, from years past.

So, although there are businesses hit hard by the city's property assessment increases, and taxes, there are also businesses taking advantage and using the downturn as an innovative opportunity.

Mary Moran, CEO of Calgary Economic Development, said there are good stories in the energy industry, and she doesn't have to look far to see some companies are actually fare well in the tough times.

"Those people are the ones that buckle down really quickly, try to pivot and reduce operating costs," Moran said. "That, unfortunately, can come at the cost of giving up office space and talent."

Although 6,000 people have quit Calgary in the downturn, more than 160,000 moved here in the boom-times, so there's still reason to stick around the city in flux.

"They are trying to reinvent themselves," Moran said. "There's

a bit of an innovation movement happening here in Calgary."

Saunders says there's been a trend to go back to brick and mortar storefronts, but now is the time for businesses to be cost-aware.

"We've seen this in the oil and gas; the downturn has made them more efficient," Saunders said. "If you look at the history of some of our most successful companies today, they were actually created during recessions."

"I think that's something that's going to come out right now, where we've got this new awareness," Saunders said. "If you look at the entrepreneurial mindset is to look for opportunities. The immediate reaction as a business owner would be that this is a negative thing ... but the real entrepreneurial thinker thinks ... where is the opportunity in this?"

Moran said the CED has a lot of active new files, with a handful trickling in at the beginning of 2016, and more than 100 at the end of 2016. Although it's only 1,200 square feet here and 2,000 square feet there she says it's a good sign because the companies have high growth potential.

They're seeing a boom in tech, some to do with oil and gas, but some independent. Although they may be in the incubator phase now, they may grow, Moran said.

"Some of them will fail, don't get me wrong, but I think there's a fair amount going on," she said. "These are the people who will eventually occupy our towers."



# 'We're not going to lose our child'

LGBTQ

**Calgary woman on being the parent of two transgender children**



**Elizabeth Cameron**  
For Metro | Calgary

It was a hot July evening in 2015.

"She just came right out and told us. She said, 'I'm transgender,'" Karen Francis recalled.

Her daughter, Bryn, came prepared with helpful books. She asked Karen and her husband John to use female pronouns going forward.

"I was hysterical. I had so many emotions — there was tons going through my head," Karen said.

Then Bryn told her parents something that shocked them — 49 per cent of transgender people who do not have support from their family and friends commit suicide.

"That's when we went 'OK, we have no choice — we're not going to lose our child,'" Karen said.

She said she has taken baby-steps forward.

"But on the other hand, we delved in with both feet forward — first by saying we would support our children," Karen said.

Later that year, another one of Karen's three children was diagnosed with ADHD in high school.

Ella was referred to a pediatrician with ADHD expertise.

During those visits, Ella told the doctor she was dealing with gender issues as well, and was referred to the Alberta Children's Hospital.

She began seeing an expert in adolescent and gender issues — the only one available in Calgary.

"We went from June to October not knowing the real reason she was seeing that doctor, because she didn't share it with us," Karen said.

All along, the doctor was encouraging Ella to tell her parents



Canadian comic **Colin Mochrie**, left, says he welcomes his new role as a champion for transgender rights after speaking out in support of his daughter, **Kinley Mochrie**, right.

NATHAN DENETTE/THE CANADIAN PRESS

she was transgender because he knew Karen and John wouldn't react poorly — a very real reality for many transgender children.

But Ella was hesitant for other reasons. She witnessed her parents' reaction when Bryn came out. "She didn't want to rock the boat, I guess," Karen said.

One day, several months after Bryn had come out, Karen discovered a bottle of prescription medication with Ella's name on it. The mother had had suspicions, but this discovery was confirmation.

Ella was taking testosterone-blockers.

"I thought, round two, here we go," Karen said, with a slight laugh.

After her secret was out, Ella's parents became more involved with her care. "Because she allowed it," Karen emphasized.

Over the past year and a half,

the family has come out to their social circle. The annual Christmas letter clued many of their friends in to the news, and Bryn posted her story on Facebook.

Karen said it was important to share her family's news on their own terms.

"People might find out the wrong way and pass judgement — there's times where I feel judged, so I can't even imagine what my kids feel," she said, suggesting the judgement comes from a lack of understanding.

Both of Karen's transgender children chose four letter names to mirror the names their parents gave them.

"We found that to be very beautiful, we gave all our kids four letter names," Karen said.

One challenge she has encountered is what to do with old memories.

"It's really tough to know

what pictures to take down, what causes them pain — because that's the last thing we want to do — but at the same time, those memories are ours, and I don't want to forget who Bryn and Ella were when they were little," she said.

A wall of pictures in their basement depicts her three children's growth from birth to graduation.

Karen has debated moving the photos to the master bedroom, but neither Bryn nor Ella has requested it.

Their parents are becoming more comfortable using female pronouns. Karen said she rarely slips up anymore, but it took a lot of practice.

"I'm more comfortable correcting other people now, when they make the mistake," she said.

"I say it nicely and smile, and they'll usually correct it."

Her priority now is protecting her children and helping them become not only confident — but the people they want to be.

"Because we are still parents," Karen said.

**“There’s times where I feel judged, so I can’t even imagine what my kids feel.”**

Karen Francis

## Group gives support during time of transition

Amy Catherine works with the LGBTQ community in Calgary and founded a support group for parents of transgender children in 2007.

At the time, there wasn't any support for parents and family members of transgender individuals in the city, and she

wondered where parents went for help as their children were transitioning.

"To be honest, nobody wants to be trans because it's such a hard path to walk, and no parents want their kids to be trans because they see how difficult it is," Catherine said.

Each meeting averages between 12 and 25 attendees.

Some parents come with no prior knowledge, others have an inkling. But all of them want to know how to best support their kids and navigate the new territory. "That's why we have the support group, so we can best

help the kids and in turn, help the parents," she added.

Some parents struggle at first, but they come to a point where they realize their kids are happy. Catherine said, adding, "I always say, a happy child you didn't expect to have is better than a dead one you gave birth to."

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## WEEKEND EVENTS LOTS TO SEE, AND DO, AROUND TOWN

### Friday: Cathy Jones

Canadian comedian and icon Cathy Jones brings her solo performance, *Stranger To Hard Work*, to the Calgary stage. Jones has appeared in *This Hour Has 22 Minutes* and *CODCO*. Her show is a bit of standup comedy, and a bit of public confessional, focusing on the importance of laughing at oneself.

atplive.com

### Saturday: Big Winter Classic

Like a big summer festival — except in the dead of winter. Over the weekend, across five stages and three local venues, more than 60 bands will perform. Audiences are invited to dance and be entertained outdoors, under heaters of course, to great music. This year, 16 breweries are contributing limited-edition beers only found at the Big Winter Classic.

bigwinterclassic.com

### Saturday: The Bash

Not a typical wedding expo, The Bash aims to be a curated wedding event, showcasing some of Calgary's most innovative wedding vendors, including: Daily Brett, Flowers by Janie, Pearl and Dot Bridal Boutique and more. Saturday is a cocktail party, and Sunday the expo is open for all.

thebash.ca

### Sunday: Wait Until Dark

Vertigo theatre unleashes its latest thriller in a new adaptation of Frederick Knott's *Wait Until Dark*. It focuses on a blind woman who lives in New York. She's threatened by three men and turns desperate — before finding a way to use her blindness to her advantage.

vertigotheatre.com

AARON CHATHA/METRO

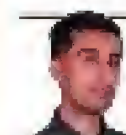


You may have seen Darrin Rose on the *Match Game*, *Mr. D* or *Just for Laughs*. COURTESY TROY CONRAD

# Darrin Rose: Victim of his own jokes

COMEDY

## Standup tour stops in Calgary next month



Aaron Chatha  
Metro | Calgary

Best known for his role as Bill on *Mr. D*, comedian Darrin Rose is bringing some new standup material to Yuk Yuk's on Feb. 16 to 18, as part of his national tour.

**Q: For people who know you from *Mr. D*, how does the humour in your standup compare?**

A: Well, from the point of view of TV friendliness, everything in my act is — I don't say anything in my act I can't say on TV. I've done *Just for Laughs* every year for the last seven years, and all the other televised standup appearances, my act is the same as you'd see on TV, in terms of cleanliness, accessibility and subject matter.

Compared to *Mr. D*, there's a lot of humour in *Mr. D* that's based on awkwardness and putting people in awkward situations; sometimes people being mean to each other.

In my act, I'm usually the victim of my joke. I tend to be vulnerable and losing to my family, friends and society in general.

**Q: Some people saw 2016 as kind of a rough year — why do we need comedy right now?**

A: Oh, well, I definitely can't cure the problems of 2016, haha. At best I can distract from them.

I think comedy has two great functions. One is taking your mind off your troubles — just go out and be entertained. It's nice to forget about your boss and your commute and the things that aggravate you through the day.

Then there's certainly the idea of telling truth to power. Maybe putting a spin on things that cuts through the heart of matters in a way that polite conversation can't do.

**Q: You've mentioned in the past that you were often mistaken for Jason Sudeikis — does that still happen?**

A: All the time. It actually happens so much in general, that he gets it. Like, my buddy Cabbie on TSN interviewed him and said, "Hey, you look (like) my friend Darrin Rose," and he says, "Yeah, I know of him. I can see that."

I've never met Sudeikis but I met a number of people who know him.

I think he's heard it enough that even he's grown tired of it. Which is nice. It's nice that my presence is slightly annoying to a very successful, hilarious millionaire.

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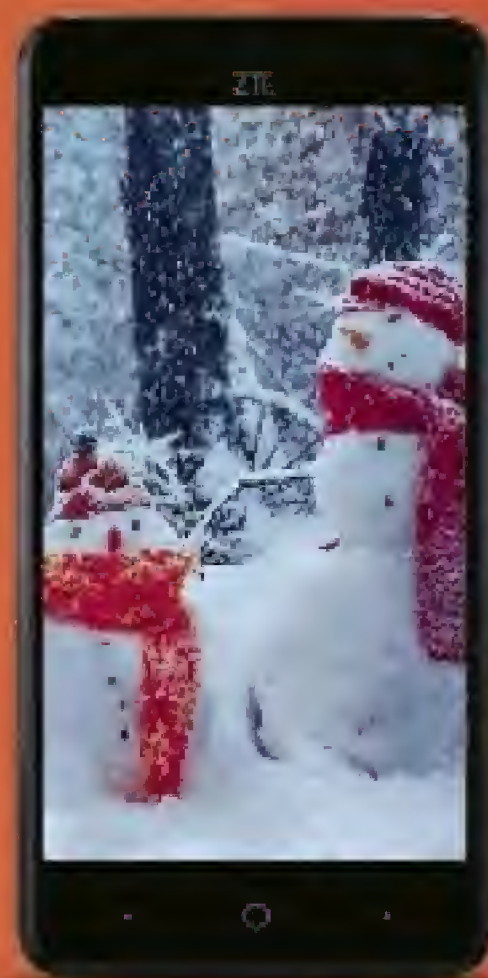
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## COMMUNITY

# Survey seeking youth vision for Airdrie



**Darren Krause**  
Metro | Calgary

Airdrie is hoping to tap into today's youth to chart the course for tomorrow.

Since 2009, the city of nearly 50,000 just north of Calgary has been examining how it could make future Airdrie more youth friendly and, at that time, adopted a youth strategy.

As the city evolved along with the strategy, they identified a gap in the information and knowledge — primarily from those youngsters they wished to serve.

According to Clay Aragon with the City of Airdrie's Community Development and Social Planning department, they put together a survey for young people, aged 12 to 24, to help them develop a blueprint for future services, supports and programming.

"We want to get responses that are natural ... and organic to youth. How they see the world is what we want their response to be," said Aragon, adding that the survey is intended to reach the broadest group of Airdrie youth, rather than a selected focus group or youth leadership group.

They'll be asking youth what kinds of programs they're engaged in, what could be done different, what needs to be added and how they partici-

pate in their community. It's also meant to gauge sense of belonging for youth and what could be done to provide outlets for engagement. One of the things Aragon says they've heard anecdotally is that if you aren't involved in athletics, there isn't much for young people to do in the city — so that's one area where they'll be paying particular attention.

A link to the survey is available at [airdrie.ca](http://airdrie.ca) and the survey is open until Feb. 3.



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Caitlynn Medrek has provided her voice to Dragon Ball GT and other anime, and appeared in Alberta film productions like Hell On Wheels. JENNIFER FRIESEN/FOR METRO

## Becoming a princess

## ROLE PLAYING

**Calgary actor taking on a new challenge — for the kids**



**Aaron Chatha**  
Metro | Calgary

Caitlynn Medrek is a princess, inside and out.

Which princess, however, depends on the given day.

Medrek is an accomplished stage, TV and voice actor — but her most challenging and rewarding role is becoming a princess for little boys and girls at parties.

Her startup, YYC Princess, puts the focus on always being 100 per cent in character — and making sure those characters are good role models for the modern age.

"I know there's a lot of companies in the city where a princess will come over and do makeup for the children. I don't believe in that," said Medrek. "I don't think it's a good lesson to be teaching children — that a princess will make you beautiful."

"We give the idea and impression that the children are already beautiful."

Instead, Medrek and her menagerie of princesses' focus on letting the kids create some-

thing, usually from a blank canvas, to represent themselves. Of course, they do this all in character — becoming Anna, Elsa, Bell, Ariel, Rapunzel or Cinderella.

Although it feels like magic, there's a bit more grit to becoming a princess.

Medrek gets started at home with the costume — the hair, the dress. The gloves. Hands go a long way to making a princess.

Then she gathers the folds of her outfit, rides the elevator down to her glittering chariot (her car) and hits the road.

"Sometimes it's really hard to drive when you're wearing these giant dresses and hoop skirts, but so far we've made it work — no accidents," she laughed.

On the way, she really gets in the mindset of the character. Often this means throwing on the soundtrack to Frozen (Anna and Elsa are the most popular characters) and singing along.

By the time she steps out of the car, she is Anna, completely. After all, you never know what little girl is looking out the window — it's important Anna walks up to the door, and not Caitlynn Medrek.

Even when it comes time for payment, the princesses hand over a hand-written envelope addressed to Queen mom to detail ways to pay, so that the children are entirely unaware.

For more information, visit [www.yycprincess.com](http://www.yycprincess.com).



# Ask Her hosts prep school for hopefuls

MUNICIPAL ELECTIONS

**Group says it's still looking for a few candidates**



**Elizabeth Cameron**  
For Metro | Calgary

The countdown is on until Oct. 16, when one group is hoping to bring some more feminine energy to Calgary's city council.

Ask Her is a non-partisan non-profit Calgarian organization with one goal: get 20 women to run in the upcoming municipal election.

Right now, Calgary City Council (CCC) is 13 per cent female — just two of the 14 city councillors are women.

"We've got the lowest number of women on our council that we've seen in a couple of generations," said Drish Farrell, Ward 7 councillor in Calgary.

"We've seen not only fewer women being elected, but fewer women running," she added.

Sarah Elder-Chamanara, Ask Her board member and organizer of the group's Equal Voice Campaign School, agreed and said balanced gender-representation on CCC would create a better decision-making body.

"(We have) a really diverse group of women that I think will add so much to the conversations in each of the wards they'll run in," Elder-Chamanara said.

The Equal Voice Campaign School is happening on Saturday at the Calgary Women's Centre.

A panel-discussion, working lunch, and 10 different sessions to choose from will help prepare the candidates for the race ahead.

"We want to give women the confidence to feel like this is something that's possible," Elder-Chamanara said.

Stephanie McLean, Alberta's minister of status of women,



**Sarah Elder-Chamanara** is an Ask Her board member and organizer of the group's Equal Voice Campaign School. She said Ask Her is not about what women aren't doing, it's about what all politicians can accomplish together. JENNIFER FRIESEN/FOR METRO

will be speaking about the need for more women in Alberta politics at the Equal Voice Campaign School.

"I'll be talking about the unique and diverse attributes women can contribute to public life, and what women can get out of it as well," McLean said.

"It's fantastic that there's grass-roots movements to get women involved in politics," the MLA for Calgary-Varsity added.

One of Calgary's two female city councillors said a lot of mansplaining goes on in politics.

"Which is natural when you've got a room full of men. I don't know many male politicians who have suffered with a stalker either," Farrell said.

She said women are viewed as supports for strong men, but don't always get to express strong ideas without risk of



**We want to give women the confidence to feel like this is something that's possible.**

Sarah Elder-Chamanara

name-calling.

"It's difficult to have strong ideas and express them without being called aggressive or worse," Farrell said.

"We always have to moderate our opinion to be more palatable."

She wants the discourse surrounding female politicians to change.

"So many Calgarians from all

walks of life feel safe and comfortable putting their names forward — it's important for the health of the city and council to have a balance of perspectives around the table," Farrell said.

Ask Her is still looking for wanna-be candidates, and anyone who self-identifies as a woman is welcome.

"We're at about 60 per cent of our goal and are really optimistic in the next month or two we'll be at 20," she said.

Women from all ages and backgrounds and most importantly political parties will be running for council.

She added Ask Her is not about what women aren't doing, it's about what all politicians can accomplish together.

"It's about what more can we do to get women to run, to win, to get more women engaged," Elder-Chamanara said.

## Get involved in any capacity: Minister

Stephanie McLean, Alberta's status of women minister, was inspired to get into politics at age 8 when she volunteered for Anne McLellan's campaign (the former deputy prime minister of Canada — that Anne McLellan).

"I was a young, impressionable, and strong woman who

was opinionated and viewed politics as an area where I could make big change for my community," McLean said.

"I found that incredibly appealing."

She advised women considering a jump into politics to get involved — in any capacity.

"You don't have to run, you

can be part of the campaign team to see what politics is like."

McLean has experienced challenges being a mom working in the world of politics. She called her scheduling demands "extreme."

"For anyone in politics, but particularly as a woman with

a young baby — the work-life balance struggle has been one of the biggest challenges," McLean said. "Attempting to be a good mom and a good leader in my community has been a huge challenge ... but that experience adds a lens to the decision making," she said.

ELIZABETH CAMERON/FOR METRO



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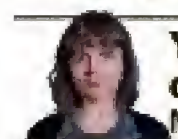




# Making it with Metro

## CREATIVITY

### Artist finds success with newspaper collage artwork



**Yvette d'Entremont**  
Metro | Halifax

A Dartmouth-based collage artist who turned daily free newspapers into an art career is officially opening her studio this weekend.

About two and a half years ago, Rhonda Barrett was pregnant, teaching yoga and making very little.

"It was a case of you need money to make money," she recalled.

She was always interested in the arts, but had never considered it as a career. Barrett lived in Halifax at the time and often found herself at the Halifax North Memorial Public Library.

"The Metro is outside and I'd always go and get the newspaper each day. After a month I had this stack of paper," she recalled.



Rhonda Barrett is a collage artist. JEFF HARPER/METRO

"I looked at it one day and I thought 'Paper! It's free!' I went to the dollar store. My first canvas was a 16x20 from the dollar store."

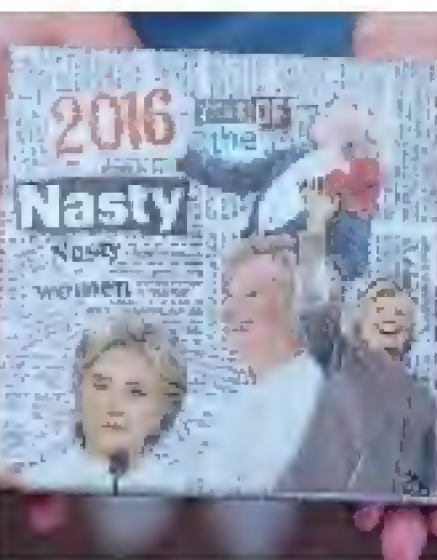
Barrett's first newspaper collage piece was inspired by Roxy D'Lite, her favourite burlesque star. She posted a photo on Facebook asking her friends if anyone would consider buying it.

The response was immediate. It sold for \$150, giving her the cash she needed to purchase supplies to create more newspaper collage artworks.

In the past two years she has created more than 100 pieces, many of them commissioned. Some are famous personalities like Bob Marley and Audrey Hepburn. She's currently working on a portrait of Kurt Cobain.

Other pieces include Peggy's Cove and artworks inspired by her yoga practice, province or news of the day.

"My biggest hurdle is people look at this and from afar, they're not going to think this is newspaper. It's about bringing someone close enough where



Some of the artwork made from newspapers. JEFF HARPER/METRO

they see the texture and ask what is this made of," she said.

"If I take one and hold it up to the light, you can see the backside of the paper. All of the words and images start to come through."

She's received Artzone Gallery's award for new emerging artist and was also chosen as a finalist in the first international Nonesuch Art on Paper awards last year.

"The pieces are dated by the papers I've used ... It's kind of an interesting time capsule," Barrett said.

## FIRST NATIONS

### Trudeau holds talks on suicide strategy

Prime Minister Justin Trudeau held a closed door meeting Thursday with some leaders of Ontario's northern First Nations to discuss a national suicide strategy.

The Prime Minister reached out to Wapekeka First Nation band council member Joshua Frogg, the uncle of Chantell Fox, a 12-year-old girl who committed suicide on January 10, Nishnawbe Aski Nation Grand Chief Alvin Fiddler and Mushkegowuk Council Grand Chief Jonathan Solomon.

The chiefs were in Ottawa to hold a press conference on Parliament Hill, demanding a national suicide strategy after the deaths of Fox and her 12-year-old friend Jolynn Winter. She committed suicide first, on Jan. 8. Four other girls were flown out of the remote, First Nation 600 km north of Thunder Bay, and, another 26 students are considered "high risk" for suicide.

Wapekeka Chief Brennan Sainnawap, Chantell's grandfather, wrote to Health Canada in July to demand help and submit a mental health funding proposal, saying they feared a suicide pact among girls was present in the

community.

Health Canada denied their request.

"The first thing we raised was the urgency of the situation, the fact the community has asked for some supports which they submitted back in July and the government's need to act immediately to approve the proposal," said Fiddler after the meeting on Thursday.

Fiddler handed Trudeau a copy of NAN's declaration of a state of health emergency in their communities and those all the way to the Manitoba border, on Feb. 26, 2016.

The declaration outlined how indigenous people are dying of preventable diseases like rheumatic fever, suffering adverse effects of diabetes and lacking mental health care and addiction treatments.

The declaration called for a transformation of how health-care is delivered to these communities, said Fiddler, who added chiefs in Manitoba and Saskatchewan agree with them.

Fiddler said Trudeau was "very receptive" to all of their suggestions but he made no commitments. TORSTAR NEWS SERVICE

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**metro**

## VANCOUVER

### Despite resistance, Squamish youth forges path to reconciliation



**Cara McKenna**  
For Metro

When Adina Williams of Squamish Nation was in Grade 10, she was asked to introduce her community's territory before a graduation ceremony in North Vancouver.

It was her first time speaking in public, but people were so thankful for her presence at the event that it launched many other opportunities for Williams to educate people about her nation. Since then, the twenty-year-old Williams has since been an informal youth ambassador for her community, speaking about reconciliation at several high schools and events. She's even led professional development sessions for teachers and administrators as part of a wider push to incorporate Indigenous learning into mainstream education.

It's often not comfortable or easy to break long-standing barriers, but Williams is one of many Indigenous youth who are stepping forward to lead the way.

"Reconciliation and this kind of work is so important to me, because I recognize that these are opportunities that my parents didn't have," said Williams, who is an intergenerational survivor



Adina Williams, 20, a member of Squamish Nation has been doing work towards reconciliation. JENNIFER GAUTHIER/METRO

of the residential school system.

In the past several months, Williams has facilitated reconciliation workshops with young people in Vancouver as part of a new role as a youth leader with a charity organization called Canadian Roots Exchange.

She has also been recognized at the University of British Columbia, where she's working towards going to medical school.

The director of UBC's First Nations House of Learning recently acknowledged her when the institution announced it was opening an Indian Residential School History and Dialogue Centre.

"If people want to be serious about reconciliation, working with the local Indigenous communities is really integral to that," she pointed out.

Williams added, however, that sometimes it feels one-sided. Once, a parent at her high school had watched her do a territorial welcoming and decided to tell her nobody cares about the work she's doing and to just "forget it."

"If anything it motivated me to do more and maybe try my best to further educate people on why this work is so important."

Despite resistance among some, Williams said she's noticed many other youth blazing trails in reconciliation work — particularly her peers at Squamish Nation.

"It's not even just being right out there and doing this formal kind of activism, we have youth who are very artistically capable and doing well in their athletics and all that," she said.





Prime Minister Justin Trudeau is holding town halls, such as this one in Halifax, on his cross-Canada tour. THE CANADIAN PRESS

# Complaints filed over PM's language misstep

## POLITICS

### Answering in French to English query angers some

The Office of the Commissioner of Official Languages has received 14 complaints related to Prime Minister Justin Trudeau's choice of English or French when answering questions at recent town hall meetings.

Spokesman Nelson Kalil said Thursday that 11 complaints stem from an event on Tuesday in Sherbrooke, Que., where Trudeau angered some anglophones by insisting on answering English questions in French.

The others are related to a previous town hall gathering in Peterborough, Ont., where Trudeau responded in English to a French question.

On Wednesday he said that on reflection he maybe should have answered partly in English and partly in French at the Sherbrooke event.

Kalil said it could take three to six months for the office to investigate the complaints.

Because the office cannot investigate individuals, the probe will focus on whether the Privy Council Office violated the Official Languages Act in its role of supporting the prime minister.

The controversy erupted when Trudeau answered English questions in French on Tuesday night — including one about how Eng-



Since we're in Quebec I'll respond in French.

Justin Trudeau

lish speakers could get help to gain access to mental health services.

"Thank you for using our country's two official languages, but since we're in Quebec I'll respond in French," Trudeau replied.

His unilingual performance drew an angry response from groups that represent Quebec anglophones, with some calling on the prime minister to apologize for showing what they called disrespect toward the English

speakers in the audience.

At first, Trudeau defended his stance when grilled about it at a news conference Wednesday as he mentioned the Peterborough example.

But Trudeau changed his tune a few minutes later when a reporter revisited the topic.

Asked whether the English-speaking people in the audience Tuesday night did not deserve to understand him, he replied: "I understand how important it is in these public meetings to be able to answer questions about people's concerns."

"So, yes, I maybe could have answered partly in English and partly in French and, on reflection, it would have been a good thing to do," he said.

THE CANADIAN PRESS

## MILITARY

### Canadian adviser uncertain over Iraq

While Iraqi and coalition forces celebrate the liberation of the eastern half of Mosul, a senior Canadian military officer is admitting uncertainty over what will happen to Iraq once the rest of the city is finally freed.

"Nobody really knows what the political situation is going to look like post-Mosul, and I would suggest that includes the Iraqis," Brig.-Gen. David Anderson told The Canadian Press in an interview from Baghdad.

"It's kind of like a topic that's not discussed in great depth right now, to see how

it all plays out."

Anderson leads a team of 12 international advisers inside Iraq's defence ministry whose job is to help organize the training of Iraqi forces and plan operations.

Since October, much of his team's attention has been on the battle for Mosul, the country's second-largest city and the location where the Islamic State of Iraq and the Levant declared its so-called caliphate in 2014.

Iraqi forces, supported by Canadian-trained Kurdish peshmerga and a variety of

militia groups, said Wednesday they had taken control of the eastern part of the city after three months of fighting.

Anderson heaped praise on the Iraqi military's progress in Mosul, comparing it to the bloody fighting Canadian soldiers saw against the Nazis in the Italian city of Ortona in December 1943.

"This is hard slogging," he said. "This is a huge city. And it wouldn't be easy for any military to do. Urban operations are the hardest of all, particularly against a determined enemy, and a close-to-

demented enemy that is willing to use suicide bombers."

Anderson would not predict when the western half of Mosul will be freed, though he said efforts are underway to train 3,000 police and 15,000 "tribal forces" to provide security in the liberated areas.

Yet one of the key questions that remains unanswered is whether the various Iraqi groups fighting ISIL in Mosul and elsewhere will remain united afterward, or break along traditional ethnic and religious lines.

THE CANADIAN PRESS

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# Dozens killed in Tehran fire

IRAN

## Firefighters lose lives as building falls during rescue

A historic highrise in the heart of Iran's capital caught fire and later collapsed Thursday, killing at least 30 firefighters and leaving their stunned colleagues and bystanders weeping in the streets.

The disaster at the 17-storey Plasco building, inadvertently shown live on state television, came after authorities said they repeatedly warned tenants about blocking stairwells with fabric from cramped garment workshops on its upper floors.

Firefighters, soldiers and other emergency responders dug through the debris into the night, looking for survivors. While it was not clear how many people were in the

steel-and-concrete building, witnesses said many had slipped through a police cordon while the fire burned to go back inside for their belongings.

"They asked us ... using loudspeakers to evacuate the building, but some people went inside again, saying their precious documents, their bank checks, their entire life was in their shops," said witness Masoud Hosseini. "They went inside to fetch those documents. I felt like they cared about their belongings, checks and money more than their lives."

Iranian authorities did not immediately release definitive casualty figures, which is common in unfolding disasters.

Iran's state-run Press TV announced the firefighters' deaths, without giving a source for the information. Mayor Mohammad Bagher Ghalibaf said more than 20 bodies of firefighters had been recovered by Thursday night.

Local state television said 30

civilians were injured, while the state-run IRNA news agency said 45 firefighters had been injured.

Firefighters began battling the blaze around 8 a.m., some 3 1/2 hours before the collapse. The fire appeared to be the most intense on the upper floors, the site of workshops where tailors cooked for themselves and used old kerosene heaters for warmth.

The building came down in seconds, shown live on state television, which had begun an interview with a journalist at the scene.

President Hassan Rouhani ordered Interior Minister Abdolreza Rahmani Fazli to investigate the disaster, IRNA reported. Rouhani also ordered the ministry to ensure the injured were cared for and immediately compensate those affected by the disaster. Rouhani, whose administration struck the nuclear deal with world powers, will probably be standing for re-election in May.

Another fire broke out later Thursday at a building next to the collapsed tower, according to the semi-official Fars news agency. Firefighters worked into the night to extinguish it.

THE ASSOCIATED PRESS



An Iranian firefighter walks among the debris of Iran's oldest highrise, the 15-storey Plasco building in downtown Tehran. AFP/GETTY IMAGES



Some people went inside again, saying their precious documents, their bank checks, their entire life was in their shops.

Masoud Hosseini

ITALY

## No signs of life in avalanche-hit hotel

Rescue workers reported no signs of life Thursday at a four-star hotel buried by an avalanche in the mountains of earthquake-stricken central Italy. Two bodies were recovered of the estimated 30 people trapped inside as the risk of more avalanches slowed the search effort.

Two people escaped the devastation at the Hotel Rigopiano, in the mountains of the Gran Sasso range, and called for help, but it took hours for responders to reach the remote zone on skis.

Days of heavy snowfall had knocked out electricity and phone lines in many central Italian towns and hamlets, and four powerful earthquakes struck the region Wednesday.

It wasn't immediately clear if any of the quakes triggered the avalanche. But firefighters said the sheer violence of the 300-yard-wide (300-metre) snow slide on Wednesday uprooted trees in its wake and wiped out parts of the hotel.

The hotel in the Abruzzo region is about 30 miles (45 kilometres) from the coastal city of Pescara, at an altitude of about 3,940 feet (1,200 metres), located in the swath of central Italy between Rieti and Teramo jolted by Wednesday's



Rubble and debris of a destroyed building covered with snow are pictured in the damaged central Italian village of Amatrice, after a 5.7-magnitude earthquake struck the region. AFP/GETTY

quakes, one of which had a 5.7 magnitude.

Gianluca Valensise, seismologist at Italy's national vulcanology centre, said it wasn't clear if the quakes triggered the avalanche, since so much snow had accumulated in recent days.

"At the most it was a trigger, but certainly not the reason," he said. "The avalanche certainly would have come down sooner or later, but the distance from the epicentre is quite substantial."

Premier Paolo Gentiloni, arriving at the regional civil protection headquarters at midday Thursday, sought to deflect criticism of the rescue work and urged authorities to redouble efforts to reach people still isolated by the quakes and snow across the quake zone.

The buried hotel was just one of several rescues underway. Police video showed a grey-haired man being led to safety by rescuers through a path dug through deep snow

elsewhere else in the region.

Snow continued to fall Thursday with reports of people being isolated in many places. Daiana Nguyen, a resident of a town in the province of Teramo, told SKY TG24 that 10 feet (three metres) of snow had fallen and that people were "completely isolated."

"They talk about sending in the army: Thirty to 40 men came with shovels. We need heavy machinery!" she said.

THE ASSOCIATED PRESS

AFRICA

## Troops move into Gambia to help install new leader

A West African regional force charged into neighbouring Gambia late Thursday to support the country's newly inaugurated president, while longtime ruler Yahya Jammeh showed no sign of stepping down.

The troops moved in shortly after Adama Barrow was inaugurated at Gambia's embassy in neighbouring Senegal, after a final effort at diplomatic talks with Jammeh failed to secure his departure. His mandate expired at midnight.

Senegalese military spokesman Col. Abdoul Ndiaye confirmed to The Associated Press that the first regional troops

had crossed into Gambia and were on their way to the capital, Banjul. AP journalists saw at least 20 military vehicles gathered at the border town of Karang.

In his inaugural speech, which took place under heavy security, Barrow called on Jammeh to respect the will of the people and step aside. The new president also called on Gambia's armed forces to remain in their barracks as the regional military interven-

tion got underway.

Barrow had come to Senegal last week at the urging of West African mediators, who feared for his safety amid the political crisis.

He arrived at the embassy to cheers of joy from hundreds of Gambians who had gathered, with national flags, for a glimpse of the new president.

"Our national flag will now fly high among the most democratic

nations of the world," Barrow said after the ceremony.

Barrow was declared the winner of the Dec. 1 election and at first was congratulated by Jammeh in a phone call aired on state

television. But once it was suggested that Jammeh could face criminal charges linked to human rights abuses during his long rule, he backtracked and challenged the vote in court, alleging irregularities.

In recent days, Jammeh has tried to stay in power by declaring a state of emergency, while lawmakers voted to extend his mandate by three months.

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Adama Barrow



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## TALKING WITH TRUMP SUPPORTERS

They adore Donald Trump enough that they came to Washington to celebrate his inauguration. But there is one thing that bothers a whole lot of them. His tweeting. At the pre-inauguration celebration Thursday, his supporters extolled him as a good man and a change agent who will save a nation gone awry. They also say he should stop barking at people on the Internet. We asked some people what they liked most about him and what they liked least. TORSTAR NEWS SERVICE

**Tyrus Cobb, 33, truck driver — Indianapolis, Indiana**  
**Like most?** "I believe he's a man of his word."

**Like least?** "The only thing I would change is if he would stay off his social media."

**Ashley Cobb, 32, homemaker, Indianapolis, Indiana**  
**Like most?** "He's a man of faith."  
**Like least?** "Twitter."



**Dennis Poor, 58, painter — Champaign, Illinois**

**Like most?** "His honesty. He doesn't put up with any of the bullcrap."

**Like least?** "Not yet."



**Joe Gelione, 49, banker, Anchorage — Alaska**

**Like most?** "I like the fact that he doesn't mince words. A little politically incorrect, but he gets the point across."

**Like least?** "I wish he would calm down on the tweets."



**Scott Esmeier, 55, construction worker — Arizona**

**Like most?** "His can-do, gonna make it happen, doesn't back down."

**Like least?** "He could probably tone down his Twitter. Maybe wait five minutes before he tweets."



**David Drexler, 53, attorney — Los Angeles, California**

**Like most?** "His willingness to avoid political correctness and state the issues the way they should be stated."

**Like least?** "His comments about women I found very offensive. And they really bothered me during the campaign."

JUSTICE

## Obama cuts 330 sentences

In a last major act as president, Barack Obama cut short the sentences of 330 federal inmates convicted of drug crimes on Thursday, bringing his bid to correct what he's called a systematic injustice to a climactic close.

With his final offer of clemency, Obama brought his total number of commutations granted to 1,715, more than any other president in U.S. history, the White House said. During his presidency Obama ordered free 568 inmates who had been sentenced to life in prison.

"He wanted to do it. He wanted the opportunity to look at as many as he could to provide relief," Neil Eggleston, Obama's White House counsel, said in an interview in his West Wing office. "He has a strong view that people deserve a second chance."

The final commutations — more in a single day than on any other day in U.S. history — were the culmination of Obama's effort to try to remedy the decades of sentencing requirements that he said had imprisoned thousands of drug offenders for too long. THE ASSOCIATED PRESS

## Young activists gear up for historic Women's March

ACTIVISM!  
ROSEMARY WESTWOOD  
From the U.S.

Amariyanna Copeny, a nine-year-old from Flint, Michigan, ended a speech on Martin Luther King Day with a knock knock joke. "Who's there?" the crowd asked. "2044," she said. "2044 who?" "Vote for me in 2044!" she cheered. "I'm gonna be president." So sayeth the youngest youth

ambassador for this weekend's Women's March on Washington. And I wouldn't put it past her.

Copeny is one of about 30 young people across the U.S. chosen from hundreds of applications to lead a crucial aspect of the Women's March on Washington: capacity building for progressive activism, not just over the next four years, but within the next generation.

Flint's water crisis thrust Copeny into the international spotlight after her work to raise awareness about the problem helped convince Barack Obama to visit the city (she also met

Donald Trump, looking a little apprehensive, in what became a viral image).

"It's an honour to be chosen as a youth ambassador and for me to be able to use my platform to be able to do what is right and not only stand up for my community, but for kids across the country who may not know that they can use their voice, as well," Copeny said.

The youth ambassador program is run by Tabitha St. Bernard-Jacobs, a 34-year-old who says she's doing it for her two-year-old son. These kids will be "taking over the world" one day,

she told me. "They're at a point where they have questions and they want to have conversations about what's going on around them." The program is designed to amplify their voices and give them tools to be stronger activists. To that end, each ambassador is being paired with a seasoned activist to mentor them. They're being encouraged to spread the word among their peers about the Washington march and the hundreds of sister marches happening this Saturday.

Young people today are going to inherit a whole host of global crisis, from climate change and

migration to morphing workforces, racial and income inequality. They also inherit a vibrant history of activism and increasing rights for all. The Women's March is a chance to recognize both.

There is something incredibly heartening, and especially respectful of diversity, in a movement that prioritizes the voices of those we often write off of naive, naval-gazing, and entitled.

Imagine what being a part of that incredible experience could do for future leaders. Imagine what it could inspire. Amariyanna Copeny, 2044.



Amariyanna Copeny, also known as Little Miss Flint, during a #Justice4Flint rally. THE ASSOCIATED PRESS

## Unusual presidency has finally arrived

Donald Trump enters the White House on Friday just as he entered the race for president: defiant, unfiltered, unbound by tradition and utterly confident in his chosen course.

In the 10 weeks since his surprise election as the nation's 45th president, Trump has violated decades of established diplomatic protocol, sent shockwaves through business boardrooms, tested long-standing ethics rules and continued his combative style of replying to any slight with a personal attack — on Twitter and in person.

Past presidents have de-

scribed walking into the Oval Office for the first time as a humbling experience, one that in an instant makes clear the weight of their new role as caretaker of American democracy. Trump spent much of his transition making clear he sees things differently: Rather than change for the office, he argues, the office will change for him.

"They say it's not presidential to call up these massive leaders of business," Trump told a crowd in Indianapolis in December. That was after he negotiated a deal with an air conditioning company to keep jobs in the state, a move many

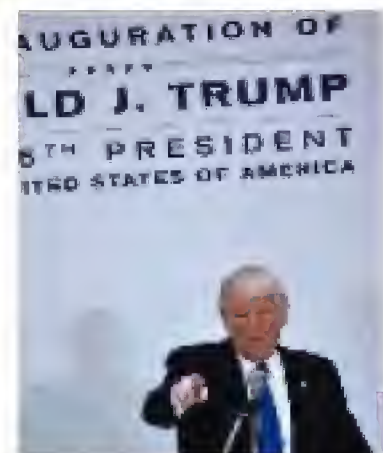
economists derided as unworkable national economic policy.

"I think it's very presidential," he declared. "And if it's not presidential, that's OK. That's OK. Because I actually like doing it."

Even before he takes the oath of office, Trump has changed the very nature of presidency, breaking conventions and upending expectations for the leader of the free world.

Advisers who've spoken with Trump say the billionaire real estate mogul and reality TV star is aware of the historic nature of his new job.

THE ASSOCIATED PRESS



Donald Trump speaks at the Trump International Hotel in Washington on the eve of his inauguration. AP/GETTY IMAGES

## Hillary Clinton's protocol

Hillary Clinton's first major televised post-election appearance will be as a witness to a ceremony that could have been hers.

Here are a few ways Clinton can send subliminal messages to supporters, should she choose to.

### 1. Read my pantsuit

With Clinton's designer pantsuits, her fashion choices could transmit a statement: A black outfit might hint at a pessimistic nation in mourning. A bright outfit would say, "Hey, look at me. You can't keep a good woman down."

### 2. Wear a safety pin

If she really wanted to send

a hold message as well as bring something tiny to the proceedings, she could wear a safety pin on her lapel. Safety pins had an illustrious turn as a post-election political statement donned by "allies" of minorities and persecuted people. It was both held as a form of protest against a divisive election cycle and derided as a form of slacktivism.

### 3. Sit still, wear purple and play nice

Everyone is expecting the unexpected at this year's ceremony. Possibly the most subversive action Clinton could take is to plaster a vague smile on her face, wear purple and clap politely. TORSTAR NEWS SERVICE



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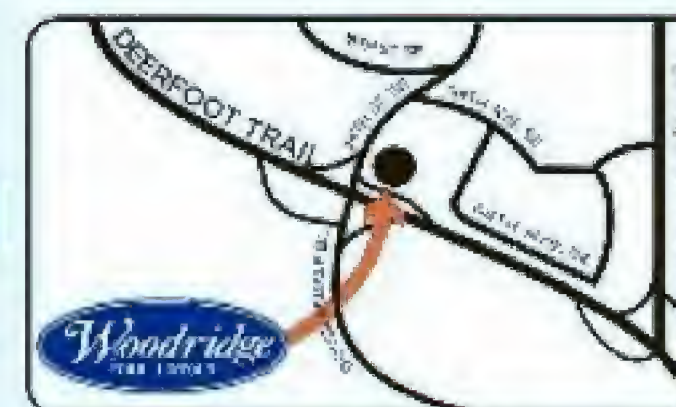


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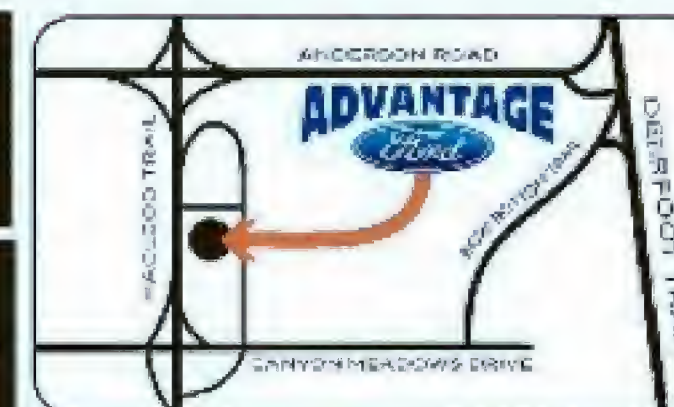
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Business metronews

## REAL ESTATE

### Property searches from U.S. way up

The election of Donald Trump to the U.S. presidency has created a surge in Americans eye-balling Canadian property.

But don't expect an influx of U.S. real estate buyers north of the border, said Phil Soper, CEO of Royal LePage.

There may be more interest in Canada, he said, but "who knows how educated American real estate researchers are in the steps necessary to actually relocate on a permanent basis?"

It certainly is easy to look.

Just in time for the inauguration, Royal LePage issued a report Friday showing that Canadian real estate, particularly in Ontario, has seen a Trump bump from U.S. buyers looking at property online.

Royal LePage saw a 41-per-cent year-over-year increase in queries to its web portal that originated south of the

border in the last quarter of 2016. There were about 205,155 views last year, compared to about 145,500 in the same quarter of 2015.

"I know a significant percentage of the increase is likely very early research and untied to specific strategies to uproot themselves and move to a foreign land," said Soper, adding that it is as difficult to immigrate to Canada as it is to the U.S.

The overall quarterly results were not as dramatic as the initial Trump jump. The day after the election, U.S. web traffic increased 329 per cent. Even in the week following the election, there was a 210-per-cent rise in the number of U.S. property searches on Canada.

Ontario attracted 41 per cent of those queries, followed by British Columbia and Quebec.

TORSTAR NEWS SERVICE

75%

Percentage of the queries that were for residential properties.

## FOOD

### Nutrition science spun for marketing

Cereal makers have happily encouraged the belief that eating breakfast can help keep us thin and bring other benefits, partly by paying for studies that seem to support the idea.

So, does that mean breakfast is bad for you? Not that either. What it does show is how difficult it can be to sort the hype from reliable dietary advice when studies are funded by the makers of Froot Loops, nutrition science is often inconclusive, and grey areas can be spun for marketing.

Take Special K. In the 1990s, Special K boxes featured find-

ings that people who didn't normally eat breakfast lost more weight after they started doing so.

"That was the little piece they put on the cereal box," said David Schlundt, a co-author of the study of about 50 women. Not mentioned on those boxes: Regular breakfast eaters who started skipping the meal lost even more weight, compared to those who stuck with their routines.

Schlundt's study was tiny. But it shows how easy it is to simplify the complexities and cherry-pick the findings.

THE ASSOCIATED PRESS



Former prime minister Stephen Harper, second right, takes part in the second Raisina Dialogue in New Delhi, India, Tuesday. Raisina Dialogue is India's annual conference on geopolitical issues. THE ASSOCIATED PRESS

## Trump border tax worries automakers

### TRADE

#### Ex-PM Harper sees landmark shift in U.S. foreign policy

A Liberal cabinet minister says he's hearing concerns from auto makers about negative effects on their industry from a Donald Trump presidency.

Economic Development Minister Navdeep Bains says he's had conversations with concerned automakers at the recent Detroit auto show and during his current visit to the World Economic Forum in Davos, Switzerland.

Trump's spokesman recently stoked fears when he said Canada's automotive sector may not be spared from a border tax.

In a speech in New Delhi Thursday, former prime minister Stephen Harper said Trump's presidency has sparked "global uncertainty," but he predicted a landmark shift in U.S. foreign policy not seen since the end of the Second World War.

Harper said Trump is "going to reverse the cornerstone of seven decades of American foreign policy."

Trump's foreign policy will scale back U.S. involvement in global affairs and be guided by narrow economic interests, while coming to view China as a

“

I don't think he's going to wait.

Sean Spicer, Trump spokesman on trade moves

"geopolitical adversary," Harper said in the speech.

The Liberal government says it is seeking common ground with the Trump administration on promoting middle-class growth, but Harper said friends and allies of the U.S. — he did not mention Canada by name — will have to bring "real assets" to the table.

Trump has said he wants

other NATO members to spend more in the alliance while his incoming commerce secretary is promising a sweeping overhaul of the North American Free Trade Agreement.

Trump spokesman Sean Spicer said Thursday that Trump planned decisive trade moves in the coming days. He said Trump would issue an executive order on NAFTA and the Trans-Pacific Partnership, but didn't say specifically whether he would serve notice of the U.S. intent to withdraw.

"I don't think he's going to wait," said Spicer. "He's made it clear that some of those things are huge priorities for him."

THE CANADIAN PRESS

#### NOTICE OF HEARING FOR PERMANENT GUARDIANSHIP ORDER TO: Terrence McNab

Take notice that on the 10th day of February 2017 at 2:00 p.m., at Calgary Family Court, Courtroom # 1205, 601 - 5th Street SW, Calgary, Alberta, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order**; of your children born on **January 29, 2010 and December 7, 2011**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

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Calgary Region, Child and Family Services  
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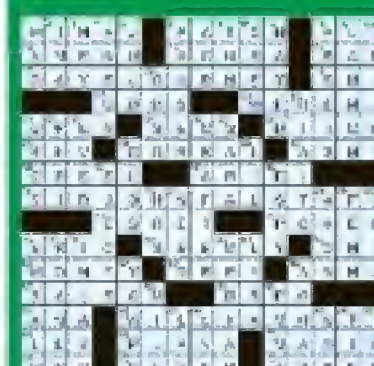


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3	5	8	4	2	7	1	6	9
9	7	1	5	3	6	2	8	4
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DECODED by Genna Buck and Andrés Plana

## WHEN SCIENTISTS TAKE A STAND

**Scientists are quiet revolutionaries.** Though they may sign petitions or speak out individually, they rarely throw public support behind a particular movement or cause. But they make a difference. Here are just five of the many scientists around the globe who've worked to change their fields and change the world.

### Fiona Godlee



#### PUBLIC HEALTH

As editor-in-chief of the British Medical Journal, Godlee has led crusade after crusade on every public health issue, including harshly criticizing U.S. dietary guidelines and going after drug companies who don't release their data.

In November, Godlee co-wrote a fierce editorial calling on doctors to lobby to end the war on drugs and redirect resources into addiction treatment and harm reduction.

### Kim Nicholas



#### CLIMATE SCIENCE

Nicholas studies how communities can protect food and water resources on a changing planet. She was spurred to action out of fear that climate scientists' knowledge base and public voice could be threatened under Trump.

Nicholas's sign at a protest organized by the American Geophysical Union was an online hit: It explained climate science in 12 words, complete with peer-reviewed footnotes.

### Evelyn Gitau

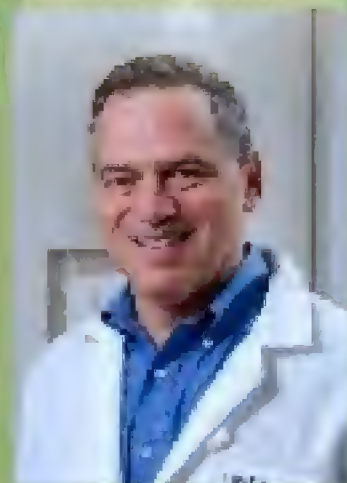


#### PARASITOLOGY

Gitau develops high-tech ways to tell the difference between body-fluid proteins in children with malaria and other diseases. This allows for targeted treatment and less overuse of antibiotics, a key factor behind the global superbug crisis.

Half of infections in sub-Saharan African hospitals are never diagnosed. Gitau fights for better technologies to fix this, and worked to set up research infrastructure in Kenya.

### Harlan Krumholz



#### BIOMEDICINE

Krumholz has had a huge hand in the dawn of medicine's data age. He spearheaded the young field of outcomes research, investigating why some patients and hospitals, despite working with the same science, fare so much better than others.

Krumholz is a cheerleader for evidence, calling on drug companies and researchers to publish **all** their clinical trial data, especially from experiments that failed.

### Ursula Franklin



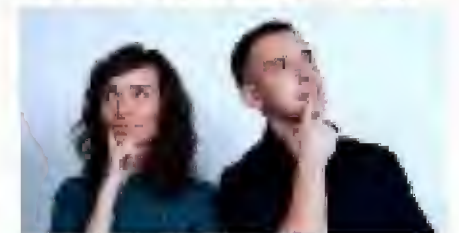
#### PHYSICS

The late Ursula Franklin's pioneering work united chemistry and archeology to find ways to precisely date ancient artifacts. She also showed buildup of certain elements in children's teeth was the result of nuclear test fallout, spurring reform.

Franklin urged Canada to halt biological and chemical weapons research, fought for pay equity and advocated pacifists' right to opt out of having their taxes fund the military.

### FINDINGS

Your week in science



#### MEN ARE FROM MARS, WOMEN ARE ... ALSO FROM MARS

The smaller amygdala in "the female brain," so says conventional wisdom, is why women have less sexual desire and aggression than men. But a new review of 46 MRI studies shows the organ, relative to body size, is about the same in everyone.

#### DARK THOUGHT

A trio of theoretical physicists trying to figure out what's making the universe expand say their math only makes sense if some energy, contrary to the laws of physics we all learned in high school, is gradually being destroyed.

### SOUND SMART

## IRON CATASTROPHE

#### DEFINITION

The **Iron Catastrophe** was a big moment for the Earth about a billion years ago. Temperature reached the melting point of iron, 1538 C. Droplets of liquid iron were pulled by gravity toward the centre of the planet, creating the magnetic core, molten middle layer and the brittle upper crust we live on today.

#### USE IT IN A SENTENCE

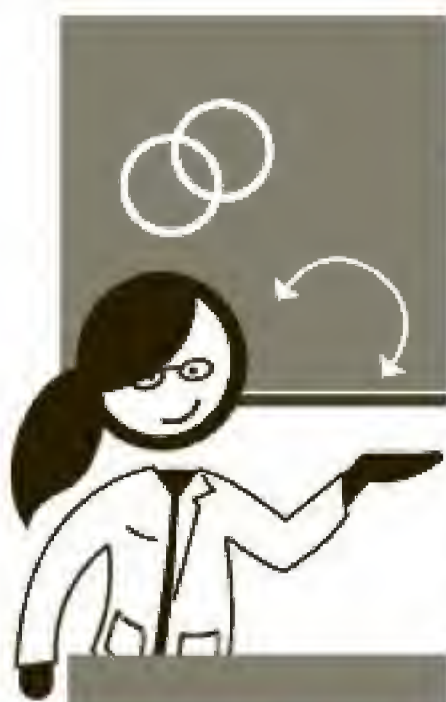
Sure, your graduation day is important, but it didn't create new magnetic fields. It's no **iron catastrophe**.

### PHILOSOPHER CAT by Jason Logan

EXAMPLE HAS MORE FOLLOWERS THAN REASON.  
— CHARLOTTE BOWEN



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CITIZEN SCIENTIST by Genna Buck

## Academics become activists by necessity

If you think scientists should stay in their lane and leave politics to politicians, you're going to be very disappointed over the next few years. Because when politicians attack science and evidence, it's everyone's business.

Case in point: the roar that rose up from the scientific world this week when Donald Trump appointed anti-vaccine kook and known measles-lover Robert F. Kennedy Jr. to head an unnecessary vaccine safety commission.

It's far from the first time scientists spoken out against Trump.

The day after he was elected, Science magazine called, in a less-than-hopeful tone, for the president-elect to appoint a qualified science adviser and include research spending in his infrastructure blitz.

Scientists aren't solitary lab rats. They publish books and articles, educate students and the public, advise companies and governments, and speak out about issues that relate to their expertise. In our era of misleading memes and fake news, their role is more important than ever.

In repressive regimes around the world, academics are bullied, persecuted, silenced or co-opted. Even in democracies, they get slapped around for political gain. Remember the communications crackdown on Canadian scientists during the Harper years?

That's child's play compared to the U.S. Congress effectively banning the Centers for Disease Control from studying gun violence for the last 20 years. Without good data, the quality of public debate on the issue has suffered drastically. I hate to think

about it, but a similar thing could happen with climate science. A large portion of the planet's climate science takes place within U.S. government agencies. Our planet needs that science.

As citizens, no matter where we live or who our leaders are, it's hugely important to show, publicly, that we have scientists' backs. We need to support their right to speak and listen when they do. We can't afford not to.

#### Science Question?

[genna.buck@metronews.ca](mailto:genna.buck@metronews.ca)



# On January 25, let's talk.



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Clara Hughes

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The Founder, directed by John Lee Hancock, tells the storied history of Ray Kroc and the rise of McDonald's in popular culture. CONTRIBUTED

## Meat of the McDonald's story

IN FOCUS

### The Founder lifts lid on fast food giant and hunger for cash

**Richard Crouse**  
For Metro Canada

Ray Kroc changed the way we eat. He didn't invent the hamburger, but has probably sold more burgers than anyone else.

He standardized food preparation, setting the template for fast food restaurants worldwide and built an empire based on two all-beef patties, special sauce, lettuce, cheese, pickles, onions on a sesame seed bun.

If you believe The Founder, a biopic of Kroc's building of the McDonald's hamburger chain, he was also a bit of an SOB.

Michael Keaton, who plays Kroc from failed travelling salesman to a millionaire whose business card reads simply Founder, says the choices his character "makes towards the end after he becomes successful are harsh, man. And nothing I would ever do. Nothing most people would ever do."

So, is he a hero or villain? That's the question The Founder asks. Does he deserve a break today for changing the way the world eats or is he a ruthless businessman to be grilled for his heavy-handed tactics?

When we first meet Kroc he's hustling a newfangled milkshake maker. Despite his slick

#### MOVIE RATINGS by Richard Crouse

Split  
The Founder ★★★★★

HOW RATING WORKS  
★★★★★ SEE IT  
★★★★ WORTHWHILE  
★★★ UP TO YOU  
★★ SKIP IT

pitch, his blender isn't shaking up the fast food business. Restaurant after restaurant turns him down, until a small San Bernardino, Calif., burger shack run by siblings Mac and Dick McDonald (played by John Carroll Lynch and Nick Offerman) places an order for six of the machines, then ups the buy to eight.

Intrigued, Kroc travels cross-country to check out the operation and finds a bustling res-

taurant pumping out good food with military efficiency.

The brothers streamlined their kitchen for maximum productivity, maximizing every inch of space to bang out burgers in under 30 seconds. Kroc, amazed, convinces the pair to allow him to franchise their ideas and name. Reluctant, they agree but with a strict set of rules to ensure quality control.

Their uneasy partnership be-

comes a powder keg when Kroc unilaterally changes how the company is run. As the company grows so does Kroc's ego and anything-to-win attitude.

Much of the way Kroc treats his business partners in The Founder is as distasteful as The Hula Burger, his famous and failed foray into vegetarian cookery. He double deals, goes behind their backs and worse, tampers with some of their recipes.

Keaton does a great job of slowly revealing Kroc's duplicity and dive into self-indulgence as he transforms from failure to success. His natural charisma and flair — He's Batman! He's Mr. Mom! He's Beetlejuice! — brings with it a familiarity that makes sense when telling the story of one of the best known brands on earth.

As an actor Keaton brings us on side as he effectively portrays Kroc's descent into amorality and callousness.

Like the operation that caught Kroc's eye, the film is efficient, wasting no moves in the telling of the tale. It's a classic story of persistence and greed and director John Lee Hancock gets right to the meat of the story.

As much as the film is about the U.S.'s 1950s growth spurt, it is also a portrait of the kind of never-say-die spirit that evokes the very best and worst of the American Dream.

On film Kroc is insufferable, a ruthless conniver who grabbed the gold ring, or, in this case, golden arches. Is he a good guy or scoundrel? Depends what side of the sesame seed bun you place the special sauce on.

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# An offer just too tasty to turn down

FILM

## Actor quick to bite on Founder role — but hold the fries please

**Steve Gow**  
For Metro Canada



Nick Offerman isn't exactly a fan of the world's biggest fast food franchise yet he jumped at a chance to star as one of the original architects of McDonald's.

"It didn't take much," admitted the comic-actor recently, recalling the offer to star opposite Michael Keaton in acclaimed director John Lee Hancock's *The Founder*. "I mean, we could've been doing the life story of Hitler and I would've been, well, I love those artists and if they're on board, there must be something to it."

Essentially an origin story about the ubiquitous burger chain, Offerman plays one of the McDonald brothers that invented the notion of fast food with their California

drive-in — until a milkshake mixer salesman named Ray Kroc convinces them to expand.

Under his leadership, McDonald's explodes but their earnest upstart transforms into a monopolized machine at the brothers' expense.

"I knew a lot of the story points already (but) what I didn't know were some of the personal narrative details of the actual McDonald brothers," said Offerman.

"It's so humanizing to learn that these two hard-working guys actually invented this way to cook food. It's an institution, it's always been around so you never think that somebody had to actually weld up those ketchup dispensers."

Offerman also delights that the opportunity allowed him to star as sibling to longtime character actor John Carroll Lynch who may be Hollywood's most recognizable unknown star.

"For me, he inhabits my legendary character actor file drawer," explained Offerman of the man behind memorable roles in everything from TV's *Walking Dead* to movies like



Nick Offerman, right, relished the chance to team up with character actor supreme John Carroll Lynch as the McDonald brothers in John Lee Hancock's *The Founder*. CONTRIBUTED

*Shutter Island*.

"I haven't said his name to anybody where they haven't given me a blank look. But I say look him up, you've seen him and you love him."

That anonymity is an attribute Offerman treasures himself. While recognition has certainly expanded since breaking out as deadpan Ron Swanson on TV's *Parks and*

*Recreation*, the 46-year-old actor remains happy to bask in the shadow of fame.

"There's pros and cons to both sides," laughed Offerman. "John Carroll Lynch

and Nick Offerman can walk through airports and you'll get stared at and some people will stop you for a photo. But George Clooney can't even walk through an airport."

## OPINIONS

### Not a fast food fan

"Capitalism has had a great deal of success," said Offerman who admits he's not a fan of McDonald's and the hazards of unknown food sources. "We're all learning it's wonderful to have these great luxuries like fast food (but) what's the real cost of all of these treats that we love so much?"

### On finding success late in his career

"Despite how cute I think I am, I think I probably would've been a pretty big f--- up if I had something successful like *Parks & Recreation* in my twenties," giggled Offerman. "You never know, maybe I would've been a great and wise leader, but I doubt it."

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## ANIMAL WELFARE

# Cruelty complaint filed over German shepherd treatment

A Toronto-based animal law organization has filed animal cruelty complaints over the treatment of a German shepherd on the set of the film *A Dog's Purpose*.

Animal Justice says footage apparently shot near Winnipeg in November 2015 shows the filmmakers forcing the dog into turbulent water.

The footage, which first surfaced on the website TMZ, shows the distressed dog fighting to stay out of the water by repeatedly clawing at the edge of the pool.

A subsequent shot shows the dog submerged under the water while a voice is heard yelling "Cut it!" and handlers moved in to pull the animal out.

People for the Ethical Treatment of Animals has called for a boycott of the movie, which stars Dennis Quaid and is directed by Lasse Hallström, and is set to be released later this month.

Animal Justice says it has filed complaints with the Winnipeg Humane Society, the Chief Veterinary Office of Manitoba, and the Winnipeg police department alleging violations of federal and provincial animal protection laws.

"Throwing a terrified German shepherd into rushing water is blatant animal cruelty," Camille



Throwing a terrified German shepherd into rushing water is blatant animal cruelty.

Camille Labchuk, a lawyer and executive director of Animal Justice

Labchuk, a lawyer and executive director of Animal Justice, said in a news release.

"It is illegal to inflict suffering and anxiety onto animals, and there is no loophole that lets Hollywood moviemakers get away with abusing animals on a film set."

The American Humane society has also launched an investigation into the incident and says it has suspended its safety representative who worked on the film.

The film's producer, Amblin Entertainment, and distributor, Universal Pictures, said in a joint statement that they are reviewing the footage, but they are confident that "great care and concern was shown" for the dog.

"There were several days of rehearsal of the water scenes to ensure Hercules was comfort-

able with all of the stunts," the statement said.

Actor Josh Gad, who lends his voice to a dog in the film, issued a statement on Twitter saying he has asked the studio and production team for an explanation of what he calls "disturbing images."

He said that while the finished film is "one of the most beautiful love letters to animals I have ever seen," he was troubled by the video.

"I am shaken and sad to see any animal put in a situation against its will," Gad wrote. A publicist for the actor confirmed the post was authentic.

THE CANADIAN PRESS

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# Shyamalan twists and xXx turns

A bit more about movies opening this weekend

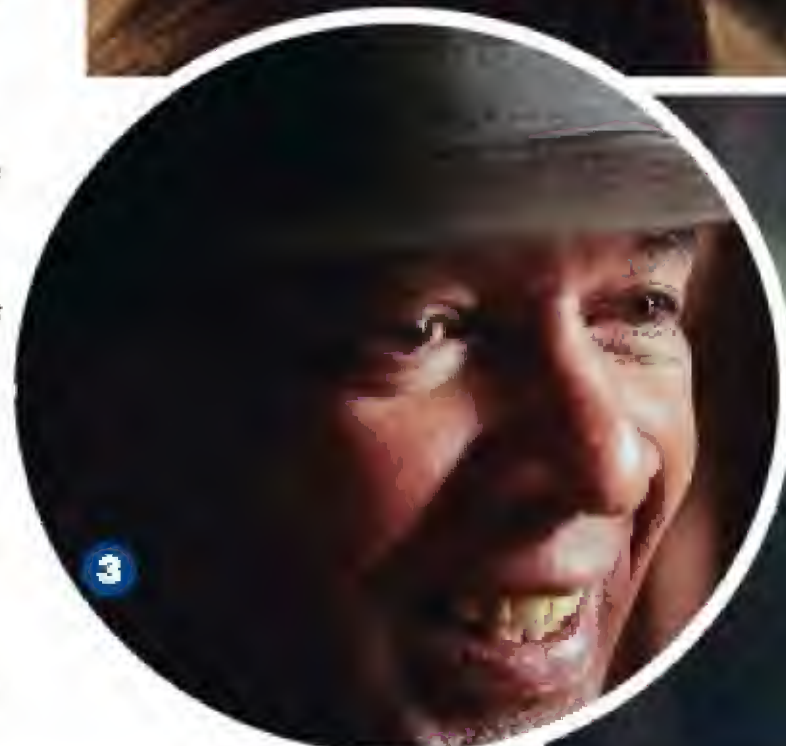
**1 Split** (starring James McAvoy, Betty Buckley, Anya Taylor-Joy; directed by M. Night Shyamalan; 116 minutes; 14A) — A plot twist can never zolt an audience as hard when they're waiting for it. And since his 1999 classic *The Sixth Sense*, no one's been under twist surveillance like M. Night Shyamalan. The core mystery of *Split* surrounds James McAvoy, a captor living with extreme (ly fictionalized) Dissociative Identity Disorder who keeps teenage girls in a DIY dungeon. In the heart of awards season, it's refreshing to see an actor let his freak flag fly as high as McAvoy does in *Split*.

**2 xXx: Return of Xander Cage** (starring Vin Diesel, Donnie Yen, Deepika Padukone; directed by D.J.

Caruso; 107 minutes; PG) — It's been 15 years since Vin Diesel first played Xander Cage in the deeply silly first *xXx*, and he hasn't grown up a bit. The comeback-throwback doesn't dare stray from the original, with its cheerfully senseless set pieces, witless quips and an X Games esthetic that will take you on a snowboard ride back to the radical, tacky '90s.

**3 The Skyjacker's Tale** (directed by Jamie Kastner; 75 minutes; 14A) — This ambitious documentary by Toronto writer/director Jamie Kastner teases out a mystery about Ishmail Muslim Ali that continues to fascinate, decades after he made international headlines in connection with two outrageous crimes: a mass murder and an aircraft hijacking.

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# 'The long search for knowledge'

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## Documentary charts historic rise and rise of black education

**Richard Crouse**  
For Metro Canada



Stanley Nelson is no fan of zooming in. In fact, he's more likely to be pulling the camera back for the most sweeping view possible.

"I am really interested in telling the stories of institutions rather than stories of dynamic individuals," says Emmy Award winning documentarian Nelson. "To me that is a more intriguing way of telling history."

As the title suggests his new film, *Tell Them We Are Rising: The Story of Black Colleges and Universities*, is another doc that turns a macro lens on its subject. A wide ranging look at how Historically Black Colleges and Universities, or HBCUs, have helped shape the societal and cultural history of America for the last 170 years, it's a detailed account of the establishment of schools for African American students.

"As a filmmaker there were these incredible resources," he says, "stills, film, diaries and letters that existed in black colleges, that generally hadn't been used."

But there is also a personal side to the story.

"My parents both went to black colleges," he says. "They



**Tell Them We Are Rising: The Story of Black Colleges and Universities** charts the establishment and impact of schools for African American students over the past 170 years. CONTRIBUTED

both went to school in the 1930s and that was the only option they had. That option changed my life, my sibling's lives, my kids' lives, and their kids' lives. Generation after generation will be changed because my parents had the opportunity to go to college."

Research for the documentary, which makes its Canadian premier at the Toronto Black Film Festival on Wednesday, Feb. 15, began several years ago and encapsulates a wide swath of history.

"We start the film during slavery," he says. "Not only was it illegal for black people to learn to read and write, it was illegal for a white person to teach a black person to read



or write. That was against the law. There was punishment for teaching slaves to read and write.

"The film started there and follows this incredible long search for knowledge in the African American community that goes through black colleges and goes through to today."

“

**Not only was it illegal for black people to learn to read and write, it was illegal for a white person to teach a black person to read or write. It was against the law.**

Stanley Nelson

In recent years several HBCUs have flourished while others struggled.

"The universe for black colleges has changed in the last forty years or so," he says. "Before, these were the only places, pretty much, where black students could go if they wanted to get a higher education."

"Just as importantly they

were the only places black professors could teach. After integration and now, to a certain degree, if you've gotten great marks in school and are at the top of your class you have options as to where you go to school. If you are a professor at the top of your profession in your chosen field you can teach at Howard or at Harvard

where there are greater resources, greater prestige and you're getting paid more.

"There are choices now. Not to say that is bad in any way, but it has exacted a toll on black colleges and universities."

Still, *Tell Them We Are Rising* asserts HBCUs have an important place in higher education.

"We try to say that there are still reasons why any given student might choose to go to a black college or university. One of them is that it is a safe space. It is a space where you are not looked at as one of a kind. As one girl says, 'Movements are launched on black campuses,' because it is a place of people of like minds."

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Actors braved 10-hour days in temperatures as low as -45 C to make the Inuit thriller *Maliglutit* (*Searchers*). CONTRIBUTED

# Revenge tale has a natural, gritty feel

## INTERVIEW

### Story follows seal hunter on his rescue of daughter, wife

Shooting an Inuit thriller in the frozen Canadian tundra has myriad challenges.

But that's where veteran director Zacharias Kunuk finds his inspiration and passion, and where he returned for his revenge tale *Maliglutit* (*Searchers*).

Kunuk rattles off the frigid hurdles he faced while filming in Igloolik, Nunavut in March 2015 — lots of sheepskin was on hand to wrap precious camera and audio equipment, he says.

"It was an extremely cold year. It was colder than other years," says Kunuk.

His actors braved 10-hour days in temperatures as low as -45 C, he adds, and the "indoor" shoots offered only modest relief; they took place in igloos where temperatures hovered around -20 C, says Kunuk.

All par for the course for the celebrated filmmaker, whose resume of dramas and documentaries largely take place in and around his Northern home and offer a rare glimpse into the history of this remote region.

His latest Inuktitut-language feature centres on the abduction of two women by a group of murderous outlaws. Seal hunter Kuanana discovers his parents beaten, his son killed and his wife and daughter gone. He sets out with his grandson Siku to rescue them.

Kunuk says he was partly inspired by the old Westerns he watched as a teen in Igloolik, including John Ford's classic

*The Searchers*.

But while that 1956 film centred on an overtly racist cowboy's quest for revenge when his niece is abducted by Comanche Indians, Kunuk casts Inuit characters as both the heroes and the villains.

"We used that model but we turned it into our own style," says Kunuk, best known for his 2001 drama *Atanarjuat: The Fast Runner*, a mythological epic that won the Camera d'Or at Cannes.

"We must make this film our way."

That included every effort to make sure Inuit culture was represented accurately.

The broader crew included carvers, seamstresses, Ski-Doo mechanics and hunters, the last group tasked with building igloos just as they would have been constructed in Nunavut circa 1913.

"I've seen (another film) where they put our seal oil lamp in the middle of the igloo and people were sleeping around it like a campfire, that's not how you do it. So we try to do it our culture's way. We have an elder who is the designer so she knows exactly where to put things. So after our art designer goes through the set, we come in and place the camera and start acting."

It all lends to a gritty naturalness that extends to the performances, largely delivered by a cast of first-time actors. If there's a documentary feel to it that's not by accident, Kunuk acknowledges.

"Everything we do has a documentary feel to it," the 59-year-old chuckles.

"One-hundred years from now when we're gone, these films will be alive."

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# Lady Antebellum returns after hiatus

## COUNTRY MUSIC

## Trio recorded nine songs in four days for new album

The short hiatus country vocal trio Lady Antebellum announced in 2015 kept them apart for longer than they had been in a decade. Hillary Scott and Charles Kelley went in different directions on their solo albums, while Dave Haywood honed his skills as a producer.

So when they did reunite in the studio last year, they spent as much time together as possible.

"We lived together for two months pretty much, half of it in Florida and half of the other time we wrote and recorded in Los Angeles," Scott, 30, said.

"Dave cooked for us," Kelley, 35, said.

"And all kinds of craft cocktails," Haywood, 34, added.

"It was like adult summer camp," Kelley said.

On Thursday, the Grammy-winning vocal group released a new single, You Look Good, from their forthcoming album

Heart Break, coming out June 9, which is their first new album since their 2014 album, 747. The single mixes a dazzling horn section with a swaggering bass riff that reflects the band's sun-filled days in the Hollywood Hills and white sand beaches of Florida.

"I think we wrote half the record, the majority of half the record, in three or four days when we were down in Florida," Kelley said.

"Nine songs in four days," Scott said.

The time apart, however brief, was just the reset the band needed after a decade of grinding through five studio albums and numerous arena tours. Following major success early on with their multi-platinum hit crossover song and album Need You Now, the trio that formed in their 20s became accustomed to writing songs together on the road and quickly recording during breaks at home in Nashville.

"Writing while you're touring, which we've done a lot, after a while can become a little tiresome," Haywood said.

But living together for weeks on end without the pressure of performing every weekend and away from the daily demands of

Music City enabled them to explore more challenging musical material. It also helped to have a demanding producer in busbee, who has been producing pop and R&B-influenced country records with Maren Morris and Keith Urban.

"He just pushed us, vocally and lyrically," Kelley said. "I got really frustrated with him at times and that's what he loves. He cherished every time I would argue against him."

This year, they'll embark on their next world tour, which starts in May in Bakersfield, California, and will take them to Canada, Europe and South Africa. For the first time, all three singers will be bringing along their children for parts of the tour.

"It's so much fun watching them play with each other and sometimes share, sometimes not," said Haywood.

But the band says it's too early to tell if their kids have inherited their musical talents. Kelley's son Ward is almost 1, while Scott's daughter is 3.

"Eisele can sing," Kelley said of Scott's daughter. "She's got good pitch. I don't know about Ward. He'll be a roadie."

THE ASSOCIATED PRESS



Lady Antebellum trio says reuniting in the studio to record their forthcoming album felt like 'adult summer camp.' RICK DIAMOND/GETTY IMAGES

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# Austra casts hopeful eye on the future

## ELECTRO ACT

## Loneliness and political readings give rise to band's third album

**Nick Krewen**  
For Torstar News Service

The moment that Canadian electro band Austra completed its world tour to support its sophomore album, *Olympia*, its lead singer and songwriter Katie Stelmanis hit the books.

She became a bookworm and began a voracious reading cycle.

"I had felt that music had consumed my life for the previous five years and I really just wanted to exercise other parts of my brain," Stelmanis said

last week in a phone interview. "So I really did get into reading, which doesn't really sound like a big deal, but I hadn't read a book since high school."

"I started making a list of all the books that I had read, because I was able to see this quantifiable gain in my smartness every time I read a book. I tried to read as many as possible."

It wasn't the only activity Stelmanis undertook during

her performance hiatus, which officially ends this Friday with a Toronto kickoff to a 53-date world tour that concludes in Brussels in April.

There were French and Spanish language studies, ballet lessons and cooking as she moved from Montreal to New York to Mexico City before returning to Canada.

But the books she read directly informed much of the subject matter in the 11 songs

on Austra's third album, *Future Politics*, also out Friday.

Musically, it's an album full of nuanced, throbbing synthesizers, brisk dance rhythms and Stelmanis's angelic, operatic-inspired warbling.

Lyrical, it's a big-picture observation of social concerns ranging from capitalism to the environment, mentioned in such songs as *Future Politics*, *Utopia*, *Gaia*, *Freepower* and *Beyond a Mortal*.

"It was the culmination of a few years of basically reading stuff," Stelmanis explains. "The first book that got me into all these subjects was the Naomi Klein book *This Changes Everything* and that kind of inspired me to read more about neo-liberalism."

"I got really into reading David Harvey and his books *A Brief History of Neo-Liberalism* and *Rebel Cities*, and from there it just seemed to me like the major problems in the environment were in a large part due to capitalism, essentially, and the way that our economy works."

"So I became obsessed with reading about post-capitalism.... That's kind of where the cards of *Future Politics* came from."

Yet despite the dreary imagery of the album's first two videos — *Future Politics*, with its sick, zombie-like characters, and *Utopia*, where Stelmanis

digs into a bowl of grubs — Stelmanis says that *Future Politics* is an album of hope.

"The writing process did start out very, very bleak," she admits. "When I was writing in Montreal, I was feeling pretty intense feelings — even from just being off tour — from kind of loneliness, isolation, depression and kind of experiencing what I sort of see is this collective depression that the people of our generation are feeling right now. So the record did start off very, very dark."

"But I suppose I was able to come out of that with my obsession with the future. So that's why I think on the record it's very obvious which songs are written specifically during that dark period and which ones were written after."

With Donald Trump's inauguration south of the border occurring coincidentally on the day of *Future Politics*' release, Stelmanis says there's plenty to worry about.

"For someone of my generation, it's my first time experiencing true political uncertainty, where nobody really knows what's going to happen," she says. "I really believe ... that the left doesn't have a chance if they don't have a vision for something different. So rather than just resisting a Trump presidency, it's so important to have something better prepared and ready to replace it."

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"It's my first time experiencing true political uncertainty," says Austra's Katie Stelmanis as the band releases its album, *Future Politics*, on Friday. CARLOS OSORIO/TORSTAR NEWS SERVICE

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**I became obsessed with reading about post-capitalism.... That's kind of where the cards of *Future Politics* came from.**

Katie Stelmanis on the inspiration for Austra's new album



LIVE MUSICAL

# New Bye Bye Birdie evokes stage roots



Jennifer Lopez stars in NBC's production of Bye Bye Birdie.  
FREDERICK M. BROWN/GETTY IMAGES

Jennifer Lopez says NBC's version of Bye Bye Birdie will bring the musical back to its stage roots.

The story was somewhat "watered down" in the 1963 movie in which Janet Leigh played the role originated by Chita Rivera on Broadway in 1960, Lopez told a TV critics' meeting Wednesday.

In the play, Rivera's Rose encounters resistance from her boyfriend's mother because she doesn't want her son marrying someone with Puerto Rican roots, Lopez said.

That dynamic will be part of the live TV musical airing later this year, Lopez said. So will her character's assertiveness about trying to steer her partner toward marriage, the actress said.

Lopez, who's called Bye Bye Birdie a childhood favourite,

said it's a "great part for me to do. So here we go."

She's a busy woman, both on and off camera. Lopez stars in and is a producer for NBC's police drama Shades of Blue and is a producer-judge on the network's upcoming competition series, World of Dance.

Bye Bye Birdie Live! is the latest in what has become an annual live-musical holiday tradition for NBC, with last December's Hairspray Live! the most recent production.

Birdie is an homage to circa-1950s rock 'n' roll mania and centres on the character Conrad Birdie, who is reminiscent of a young Elvis Presley. He was played on stage by Dick Gautier, who died last week at age 85.

ABC aired a 1995 TV-movie version starring Jason Alexander and Vanessa Williams.  
THE ASSOCIATED PRESS

## MUSIC BRIEF

### University offers deep dive into Kanye West's world

A new course at Washington University in St. Louis is focused on the world of Kanye West.

The St. Louis Post-Dispatch reports that 75 students are registered for "Politics of Kanye West: Black Genius and Sonic Aesthetics," which began this week. There's a waiting list to get in.

The professor, Jeffrey McCune, says the course focused on the rapper, pro-

ducer and fashion designer offers a way for students to connect issues of politics, race, gender, sexuality and culture.

It's not the first college course about West. Georgia State University offered one in 2015, and a 2014 course at the University of Missouri focused on West and Jay-Z.

McCune says the court will neither fawn over West's music nor be an exercise in bashing him.  
THE ASSOCIATED PRESS

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## INTERVIEW

Rapper Tip (T.I.) Harris's recent foray into politically-charged commentary might surprise those best familiar with his rous-

Chart hits like *Whatever You Like* and *Bring Em Out*, as well as VH1 reality show *T.I. and Tiny: The Family Hustle*, made him one of hip hop's biggest stars. But he says there's more to his work.

He's also taken aim at Donald Trump's tactics with an open letter published by Rolling

Amid a Canadian tour that arrives in Calgary on Friday, Tip spoke about his stronger political voice.

Fans might be surprised that you've emerged as a vocal op-

I don't want to be premature with my skepticism. There are some remarks that are being made and stances taken that do concern me. I don't think it has much to do with the presidency, it's just more (Trump's) style, demeanour and his temperament. The things he finds appropriate to say in regards to his opinions of other people. Those things are a bit disheartening. As far as what to expect from his presidency, I don't want to be presumptuous, but actually see what happens.

I'm not even against people sitting down and talking, figuring out what to be done to further the advancement of relations — a firsthand opportunity — that's fine. But all of the coming out (after the meeting) and taking pictures, I think ... it's trying to give people too much faith in what's not enough work. It's trying to give people an opinion of "Oh, he's not that bad, he's OK," without him doing anything ... or denouncing any of the racially-charged statements that were made during the campaign. Those disrespectful, hurtful things that were said during the campaign should be addressed before we can move past into anything positive.

I see what's going on and I'm just speaking as I see it necessary. I'm not speaking to them. Those are grown men. They're going to do what they want. I'm more so concerned by the people who follow behind, the people who they influence. I think it's important to make people aware that there are strategic tactics that are formulated by the powers that be to try and manipulate the mind of the public. As long as people are aware of that and understand that, those tactics don't have as much success.

**Do you find other people in the hip hop community are talking about politics more?**  
Nah, man. My inner circle, perhaps, but not people in general. You know, for the most part people ... are listening to things that are the furthest away of anything political. Like Bad and Boujee (by Georgia rapper Migos) or Black Beatles (the chart-topping track by Mississippi duo Rae Sremmurd). Ya know what I'm saying? I think it's a natural response for the human brain to want to avoid painful circumstance. If there's an option for the body to go towards pain or away from it, I think it's quite natural the body will go away from it. You have to force yourself to go towards pain. That's going to be a much narrower path travelled.

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**Rapper Tip Harris (T.I.) plays the Back Alley in Calgary on Friday night as part of his Canadian tour. ASSOCIATED PRESS FILE**



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## TV BRIEF

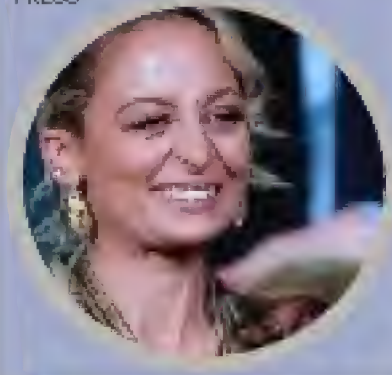
**Nicole Richie to co-star in new workplace comedy**

Nicole Richie is the new kid on the comedy block in an upcoming NBC workplace comedy from Tina Fey.

The reality star and jewelry designer co-stars with Andrea Martin and Horatio Sanz of Saturday Night Live fame in Great News, set in a television newsroom. The show debuts April 25.

"I had no idea what I was walking into," Richie said. "They all kind of knew each other ... They welcomed me with open arms."

Fey was supportive of Richie, having watched her years ago on the reality show The Simple Life with her childhood friend Paris Hilton. "She has an instant likeability," Fey said. "The kind of instincts she has you cannot teach." THE ASSOCIATED PRESS



# Diversity without highlighting it

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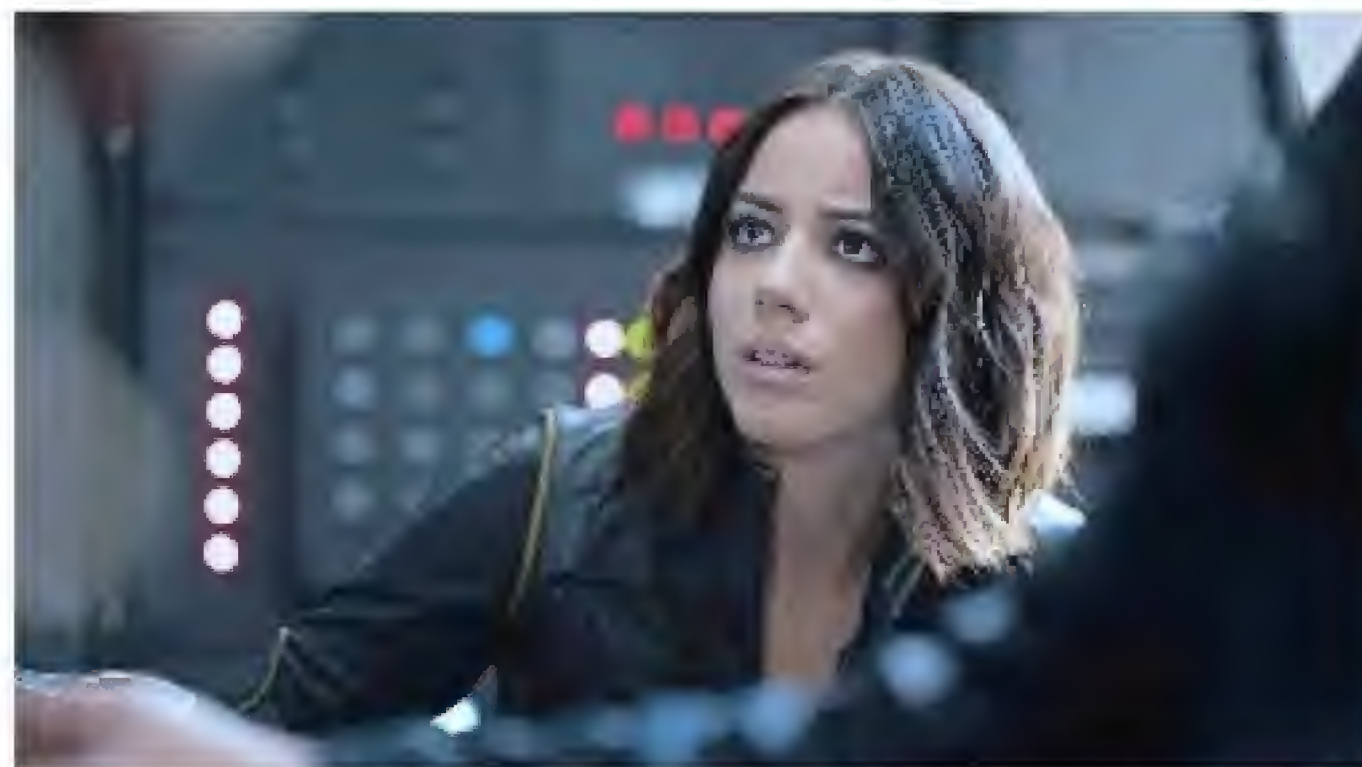
## You don't have to point out a person's race: Co-creator

Fresh Off The Boat or Marvel's Agents Of S.H.I.E.L.D. Which show is the most progressively Asian?

In the debate over diversity in Hollywood, it's improbable that a superhero series would be held up as a bastion of the multi-racial universe. But Agents of S.H.I.E.L.D. demonstrates that real change comes from the top: an Asian woman is the co-creator and executive producer while two of its leads are Asian women. It is the most Asian show on television that you've never heard of.

This is as close to a post-racial universe as you will get on television. And while many shows have made great strides in getting visible minorities in front of the cameras, it's also a lesson that true change starts in the executive suite.

"Being a woman of colour working in this business — diversity has always been some-



Bi-racial actress Chloe Bennet co-stars as Skye, a secret agent with the power to create earthquakes, in Agents of S.H.I.E.L.D. CONTRIBUTED

thing that's very important to me and seeing proper representation in my work," says Maurissa Tancharoen, the co-creator and show-runner of Agents of S.H.I.E.L.D. The series, now in its fourth season, can be seen on Tuesdays on CTV.

"For us, a way of empowering diversity is not highlighting it at all. You don't have to say this

person is an Asian, or Latino or Black. They are who they are. We haven't had any moments where we point out specifically about race or background. People are just people," says Tancharoen.

Tancharoen, 41, is of Thai descent. When she set out to create the show along with husband Jed Whedon (brother of Avengers director Joss Whedon) she was

insistent that at least one of the leads should be Asian.

"It was a goal that I put out there and it wasn't a secret," says Tancharoen.

That led her to Ming-Na Wen, who was one of the first Asian superheroes as Chun-Li in the 1994 movie Streetfighter, and who before that played a leading role in The Joy Luck Club. At

53, Wen is still playing an action star as S.H.I.E.L.D.'s most feared enforcer, Melinda May.

"I had been following Ming-Na's work for years, so I had a bit of a fan girl moment when she finally came into the room and we met," says Tancharoen.

But she didn't stop there. Tancharoen hired bi-racial actress Chloe Bennet (whose real surname is Wang) as Skye, a secret agent with the power to create earthquakes.

Marvel doesn't have a great track record when it comes to depicting Asians. Casting a white woman (Tilda Swinton) as the Ancient One in Doctor Strange was widely condemned as white-washing. Tancharoen has had a varied career, from actress to musician to writer and now executive. But she says her early years of facing sexism and racism in Hollywood helped to shape her outlook when it came to being a manager.

"I've had my fair (share of) run-ins with misogynists, with racists," says Tancharoen. "But I've always tried to keep my chin up. I never tried to forget my unique voice and reminded myself that one day we could all be heard." TORSTAR NEWS SERVICE

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JOHANNA SCHNELLER WHAT I'M WATCHING

## Michael: Every Day is delightfully giddy

**THE SHOW:** Michael: Every Day, Season 2, Episode 2  
**THE MOMENT:** Something crazy good

"What are you thinking?" Michael (Matt Watts) asks Claire (Tommie-Amber Pirie) as they make a hotel bed.

"That we are going to do something crazy," she replies.

"We are two responsible adults," he deadpans. "We are not going to do anything crazy."

Cue the salsa music! Cut to Michael's shrink, David (Bob Martin) as he runs down the hotel hallway with his new friend Gary (Don McKellar), prankishly knocking on every door. They steal food off a room service cart. They steal the cart. In a fantastic over-the-shoulder shot, David careens down the hallway on the cart, pushed by Gary.

Meanwhile, Michael and Claire wildly tug at each other's clothes, banging into the headboard. He: "I can't see!" She: "No, it's sexy!" The scenes reach a simultaneous crescendo as Claire cries out during sex, and Gary whoops by the pool. "I



Bob Martin is co-creator of Michael: Every Day on CBC, in which he plays a lonely psychiatrist. CHRISTOS KALOHORIDIS

have not had this kind of fun in ages," David says.

Me neither, David. The first season of this show, about a lonely psychiatrist and his anxious client (Martin and Watts, who co-created it), had a low-key, shaggy-dog vibe that was possibly ahead of its time. But with series like Atlanta, Insecure and High Maintenance, we seem to have caught up to it.

This season ups both the filmmaking flair (McKellar

directs many of the episodes) and the giddiness, which is as delightful as it is hard to pull off. Between Michael, Baroness von Sketch and Workin' Moms, a welcome trend is popping up in CBC comedies: joy. I sincerely hope it lasts.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



# WE'RE BACK!



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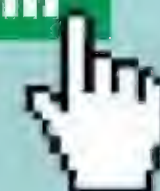
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# Fanciest cheap eats in the world

SINGAPORE

**For \$2 and 2.5 hours, you can get a Michelin-starred meal**

**David Bateman**  
For Torstar News Service

I might have started a black market.

There's hundreds of food stalls at Chinatown's hawker complex and only one is busy.

The fantastically literal Hong Kong Soya Sauce Chicken Rice and Noodle sells the world's cheapest Michelin-star food, starting at \$2 SGD (\$1.92 CDN). Less than a box of Timbits.

The wait was 45 minutes before Michelin's first Singapore guide launched in July. Parched, salivating customers now wait 2.5 hours.

As perplexing as chefs dreaming of acclaim from a tire company seems, a star is a culinary Academy Award and eating Michelin food is on many bucket lists.

Most other hawker stalls close at around 4 p.m., when chef Chan Hon Meng turns customers away because he's out of food.



**Two plates of food and a bowl of soup at Hill Street Tai Hwa Pork Noodle costs less than \$10, the second cheapest Michelin star meal in the world. At Hong Kong Soya Sauce Chicken and Rice (left and top right) you can get a dish for less than \$2. ALL PHOTOS DAVID BATEMAN/FOR TORSTAR NEWS SERVICE**



That's a problem for me at 3:45 p.m. As always, I'm late, and I leave Singapore the next day. Mission impossible? I've no Tom Cruise smile to flash, only crooked fangs and a broad Scottish accent.

Truthfully, creating a black market was accidental. A Singaporean who translated for me realized she ordered far too much food. For a few bucks, I bought her (un-

touched, I'm no animal) leftovers.

At Hill Street Tai Hwa Pork Noodle, the only other Michelin-starred food stall, I go straight and wait in line for the dry minced meat noodles dish and a bowl of soup. Cost: less than \$10 CDN.

It's tough. I have the patience of a hungry cat watching its owner struggling with a tin of tuna.

My feet ache and I lose a good shirt to sweat.

The lineup is more subdued than Texas barbecue hot spots, but Singaporean couple Evelyn Chew and Andy Teo kindly talk me through the three-dish menu.

I ask what makes Tai Hwa more special than hawker stalls offering national dishes?

"Every time, the minced meat noodles is the same,"



says Chew.

"We go to other stalls because we need to eat. This one, you remember it."

Hong Kong Soya Sauce Chicken Rice and Noodle will need a better acronym than HKSSCRN if local media reports are true that Meng wants to sell his recipe for \$2 million and rival KFC.

Meng proves elusive, inadvertently hiding between bars of golden brown chickens and red pork drying on hooks. He's earned every wrinkle on his forehead, working 17-hour days.

I feel silly complaining of tiredness watching Meng and Tai Hwa's octopus-chef. He sieves noodles, adds sauce, tosses noodles to water, pivots,

**TRENDING**

**Casual fare**

While the powers that be at Michelin are still awarding stars mainly to high end restaurants, these aren't the only cheap eats to make the list. Last year, Michelin's Tokyo guide featured a \$14 ramen noodle bar.

douses noodles, adds meat, plates it, and begins the next masterpiece.

Hours of waiting and commotion end at the snack of cafeteria trays on plastic tables. Good food creates silence. Necks hunch. Thumbs go up, mouths preoccupied. Neanderthal grunts ensue.

At Tai Hwa, comforting noodles mingle with crispy pork. A tiny piece of fragrant fish overwhelms my mouth.

Chicken glistens at HKSSCRN, the cheaper acronym-deficient stall where I barely waited. The meat is slick, not greasy. Bouncy yet delicate. Salty soy animates the crisply-lined pork edges and chicken skin.

Ignoring a few hungover life-saving bacon rolls, both stalls are the best sub-\$5 food I can remember.

The experience, foot blisters and all, transcends the camaraderie of sharing food.

It forces international strangers to share the wait, too, and maybe even some leftovers.

David Bateman is a Scottish writer.

**Valentin Perla Blanca**  
Cayo Santa Maria

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On the "free-range art highway" of U.S. Hwy 95 you can see the International Car Forest of the Last Church. JENNIFER BAIN/FOR TORSTAR NEWS SERVICE

# Junkyard highway

NEVADA

**Art imitates life here — or is it the other way around?**

**Jennifer Bain**  
Torstar News Service

There's art, freaky and free, strewn across the Nevada desert. Looping back to Vegas after a spin down the Extraterrestrial Highway, I made time for three down-to-earth, "free-range-art" moments.

Supposedly you can see the International Car Forest of the Last Church from the highway in Goldfield, but as you drive through the south end of the no-longer-booming mining town — where furniture, appliances and vehicles adorn yards — it's tough to know if life is imitating art or if art is mimicking life.

Veer off-road and drive toward the big blue upside down bus. There's a small sign that declares this place "the world's largest national junk car forest" and cryptically adds: "ARTIST'S PLAY

GROUND & ATV Park, with Ultra light runways."

Ponder the meaning of that while wandering among 40-odd graffitied and painted junk cars mostly planted nose first in the desert. That's all the information you'll get because creator Michael "Mark" Rippie was last seen in federal prison on firearm charges, and artist Chad Sorg moved away.

If you are lucky, like I was, it will be a slightly unnerving, solitary experience with only Joshua trees, lizards and braying donkeys for company in a cellular dead zone surrounded by rusted cars and random busted appliances that may be cheekily abandoned or may also be art in this car forest.

It's presumably no accident that the Goldwell Open Air Museum, with its signature ghostly version of The Last Supper, is right beside the ghost town of Rhyolite. This art destination dates back to 1984, when Belgian artist Albert Szukalski was compelled to create a sculpture west of Beatty near California's Death Valley. The story goes that Szukalski wrapped human models in plaster-soaked fabric and posed them just like Christ and

“

**If you are lucky, like I was, it will be a slightly unnerving, solitary experience.**

his disciples in Leonardo da Vinci's The Last Supper painting. The models slipped out, the artist coated the rigid figures with fibreglass and here we are millions of tourists later.

Seven Magic Mountains is a magnet for the Vegas selfie crowd, but the presence of bikers who whip down S. Las Vegas Blvd. past Jean Dry Lake by the dozens is an unexpected bonus. Swiss artist Ugo Rondinone's stacks of limestone boulders painted with fluorescent colours are so hot that this free-range-art scene must post warnings to not "climb on, move, dislodge or disturb" the art. Yeah, try telling that to the clan in matching pink "Be awesome today" t-shirts positioning for that perfect photo.

Jennifer Bain was hosted by Travel Nevada, which didn't review or approve this story.

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From the architectural wonder and the cultural eye-opener that is the Human Rights Museum, to the delicious eats at The Fork and charm of St. Boniface, there's plenty to explore in Winnipeg.

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72 HOURS

## This city keeps punching above its weight

**Jennifer Bain**  
Torstar News Service

This city won't be lurking at the edge of the Canadian consciousness for much longer. The population may be just 720,000, but it's climbing and Winnipeg keeps punching far above its weight.

**Friday**  
Christa Bruneau-Guenther opened Feast Café Bistro a year ago in the West End after own-

ing a daycare drove home food's vital role in healthy lives.

"It's about putting indigenous food on the map again," she says. Her simple menu revolves around bison, berries, wild rice, pickerel and the "Three Sisters" (squash, corn and beans). Get the butternut squash bannock pizza.

Currency buffs can geek out on the free tours at the Royal Canadian Mint, where guides will regale you with tales of how the Loonie came to be in 1987.

It was a tough call between Segovia Tapas Bar and Deer + Almond for dinner, but I picked the latter because it's helping drive the Exchange District's renaissance. Try Salt of the Earth — beet ice cream with pickled blueberries. Chef/owner Mandel Hitzer is best known for his annual 21-day pop-up on the frozen river, but it sells out in a snap.

Canada needs more Scandinavian-inspired spas. Thermea by Nordik Spa-Nature opened here in 2015 with a three-part thermal cycle where you warm up in dry saunas or steam rooms, cool off in cold waterfalls, a cold pool or a temperate pool, and then rest in outdoor or indoor relaxation areas.

### Saturday

Go early to beat the weekend lineups at Clementine Café, which has a crazy creative menu and is minutes from the Alt Hotel Winnipeg, where I stayed. I went for the Braised Bacon Benedict with maple sabayon, dill and poached eggs on cheddar biscuits with a house beet sumac soda and side of fried beets with smoked cashews and curry aioli.

It's all about the polar bears

at Assiniboine Park Zoo, home to the award-winning Journey to Churchill exhibit and interactive polar bear conservation centre since July 2014.

The Exchange District is now an arts and cultural hub and 20-square-block National Historic Site full of architecturally important buildings, cutting-edge restaurants, shops, art galleries and museums.

The Forks, at the Assiniboine and Red Rivers draws more than four million visitors each year to its 23 hectares of restaurants, shops, parks, gardens, arts attractions, hotel and more.

The Canadian Museum for Human Rights is a \$351-million national museum dreamed up

by the late media mogul Izzy Asper, is considered a game changer for tourism since opening in September 2014.

Rae & Jerry's is unabashedly retro and hasn't changed since it opened at this location in 1957 with red leather restaurant and cocktail lounge décor. Order a martini and a steak.

### Sunday

Michelle Gervais from Ô Tours loves Winnipeg for its "small-city feel but big-city amenities."

She showed off the Franco-Manitoban neighbourhood of St. Boniface, where we devoured Alix Loiselle's almond croissants at La Belle Baguette, went gaga for the creations at Chocolatier

Constance Popp, looked at Louis Riel's grave and admired the iconic St. Boniface Cathedral-Basilica.

At the park side of Assiniboine Park Zoo, I learned all about a Canadian vet/soldier named Lt. Harry Colebourn who bought a black bear cub in White River, Ont., on his way to the First World War and named her Winnie after his adopted hometown of Winnipeg. In the Pooh Gallery at the park's pavilion, check out the Remembering the Real Winnie exhibit.

Don't miss O Canada if you catch the Winnipeg Jets downtown at the MTS Centre, the NHL's smallest arena.

*Jennifer Bain was hosted by Tourism Winnipeg and Travel Manitoba, neither of which reviewed or approved this story.*

**DID YOU KNOW?**  
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**TRAVEL NOTES** MALLS, FOLK MUSIC AND ZION

**Mall of America to reopen movie theatres with 'gourmet' food**

The Mall of America plans to continue showing movies, but in a renovated space that offers oversized reclining chairs, gourmet food and wines and cocktails. CMX is building a 64,000-square-foot movie theatre at the Minnesota mall, the largest indoor retail complex in the U.S. Among the upscale features are swivel tables, "gourmet" food options and wines and handcrafted cocktails.

THE ASSOCIATED PRESS



ISTOCK

**Venue where a young Bob Dylan played is back in business**

Bob Dylan would surely still recognize the low-ceilinged room in Caffe Lena where he played a couple of gigs almost 60 years ago. But just about everything else about a venue that bills itself as the nation's oldest continuously operating coffeehouse has undergone major upgrades as part of a \$2 million renovation project bankrolled in part by folk music performers themselves.

THE ASSOCIATED PRESS



HANDOUT

**Zion National Park road reopens**

Authorities say a scenic drive at Zion National Park in Utah is open again after crews using fire hoses removed massive boulders that tumbled onto the road nearly a week ago. Park officials said Zion Scenic Drive is passable to the increasing flow of visitors making the trip even during the winter off-season. The slide from last week covered both lanes with about 200 tons of boulders and debris that stretched about four car lengths.

THE ASSOCIATED PRESS



ISTOCK

# Europe on \$5 a day, 60 years later

FROMMER'S

## Guidebook creator talks transforming travel industry

This year the legendary travel guidebook writer Arthur Frommer celebrates 60 years since the publication of his 1957 book, *Europe on \$5 a Day*.

His message of authentic bargain travel encouraged average people — not just the wealthy — to vacation abroad.

### How did the brand begin?

While in the army overseas, I was always struck by the fact that my fellow GIs did not travel. They were scared to travel. They were worried about how you would pay for various items. What currency would you use, where would you live at night, and I decided to do a guidebook.

### You returned to New York



Arthur Frommer with his daughter Pauline, who now runs the business. PETER MORGAN/THE ASSOCIATED PRESS

### to practice law but decided to write another guidebook for civilians.

During a one-month vacation, I returned to Europe and I went running to 15 different European cities, getting up at 5 a.m. in the morning, hitting the streets, going from one guest house to another, from one low-cost restaurant to another, and I then wrote a book called *Europe on \$5 a Day*.

### What was the impact?

In the 1950s, most Americans had been taught that foreign travel was a once-in-a-lifetime experience, especially travel to Europe.

They were taught that they were going to a war-torn country where it was risky to stay in any hotel other than a five-star hotel. It was risky to go into anything but a top-notch restaurant. ... And I knew that all these warnings were a lot of nonsense.

THE ASSOCIATED PRESS

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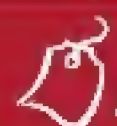
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# Big Ben: I don't meet Brady's 'gold standard'

NFL PLAYOFFS

## Roethlisberger, Steelers look to down Patriots for AFC title

Ben Roethlisberger intended for the moment to be private. The camera following him to midfield and the microphone tucked inside Tom Brady's shoulder pads ended up making that impossible.

Their brief exchange before Brady and the New England Patriots visited the Pittsburgh Steelers in October provided a snapshot into a rivalry that never was. They bro-hugged. They lamented the left knee injury that forced Roethlisberger out the lineup on that warm late fall afternoon.

And then Roethlisberger made an uncharacteristic request: a signed Brady jersey to hang on the wall in Roethlisberger's home office next to Hall of Famers Dan Marino, John Elway and Jim Kelly.

"I consider him one, if not the best of all time," Roethlisberger said.

A group Roethlisberger does

not include himself in.

Not even with as many championships as Brady's longtime friend and occasional foil Peyton Manning (two). Not even with a spot in the top 10 in just about every major statistical category out there on Roethlisberger's still growing resume. Not even with a bust in Canton one day alongside Brady and the rest of the guys whose jerseys adorn the walls of his home almost assured regardless of what happens in Sunday's AFC title game.

The reason is simple: rings. Brady has four, including two he earned while carving a path through the playoffs that included victories in Pittsburgh in 2001 and 2004. Roethlisberger has two, neither of which required Roethlisberger or the

Steelers to take out Brady along the way.

It's why Roethlisberger just shakes his head when asked if he's part of the "gold standard" label that he so eagerly attaches to Brady.

"Not as (his) level," Roethlisberger said. "Obviously, with all the Super Bowls he has."

This weekend provides Roethlisberger his best — and maybe his last — chance to do to Brady



Steelers quarterback Ben Roethlisberger calls Tom Brady "one, if not the best of all time."

JUSTIN K. ALLER/GETTY IMAGES

what Brady has done to so many others over the last 16 years. Even if the last thing Roethlisberger wants to do is get pulled into the "star quarterback vs. star quarterback" narrative that fuelled so many showdowns

between Brady and Manning through the years.

"It's obviously bigger than the two of us," Roethlisberger said. "I know he is used to it, with the Peyton Manning and Tom thing. This is two football

teams that have won championships. Us going against each other is more than just one man. We aren't playing tennis. We are going out there to play a football game with 11 guys at a time." THE ASSOCIATED PRESS

## IN BRIEF

### Jones confident he'll play for Falcons on Sunday

Falcons All-Pro receiver Julio Jones missed his second day of practice Thursday with a sprained left toe.

He said it's no big deal. Jones is confident he will be ready Sunday when Atlanta faces Green Bay in the NFC championship game. THE ASSOCIATED PRESS

### Irving, James lead Cavs to victory in return home

Kyrie Irving scored 26 points, all-star teammate LeBron James had 21 points and 15 assists, and the Cleveland Cavaliers looked more like themselves at home in a 118-103 win over the Phoenix Suns on Thursday night.

The Cavs were back in Quicken Loans Arena following a six-game road trip (their longest of the season) that concluded with an embarrassing 35-point loss at Golden State. THE ASSOCIATED PRESS

### Trumbo a physical away from \$37.5M, source says

The Baltimore Orioles have agreed to a \$37.5-million, three-year contract to keep major-league home run champion Mark Trumbo, a person familiar with the negotiations told The Associated Press.

The person spoke on condition of anonymity Thursday night because the agreement is contingent on Trumbo passing a physical.

THE ASSOCIATED PRESS

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**NHL FLAMES AND PREDATORS GO TO BATTLE**  
Nashville Predators' Viktor Arvidsson, left, from Sweden, celebrates his team's goal as Calgary Flames goalie Chad Johnson looks away during second period NHL hockey action in Calgary. THE CANADIAN PRESS/JEFF MCINTOSH

# Bouchard out of Aussie Open

TENNIS

## Canuck falls to American Vandeweghe in third round

Canadian Eugenie Bouchard was eliminated in the third round of the Australian Open on Friday, falling to Coco Vandeweghe 6-4, 3-6, 7-5.

The American took the match in two hours 22 minutes and was the first player into the round of 16.

Vandeweghe converted her only break to take the first set but Bouchard, who reached the Australian Open and French Open semifinals

and the Wimbledon final in 2014, levelled the match with two breaks in a dominant second set.

The Westmount, Que., native broke Vandeweghe's serve to open the third set and appeared to be in control until the American rallied.

Vandeweghe broke Bouchard to even the score at 4-4 in the third set, helped in the process by Bouchard's fourth double fault. At 5-5, Vandeweghe kept her serve before disposing of the 47th-ranked Bouchard with a decisive break.

Vandeweghe, ranked 35th, held a 40-21 advantage on winners. She also smashed 11 aces to Bouchard's four and took 85 per cent of first



Eugenie Bouchard GETTY IMAGES

serve points.

Vandeweghe has reached the quarter-finals and the fourth round in the last two years at Wimbledon, but her run to the third round in Australia in 2016 was her best at any major not played on grass.

"It's just another opponent on the way to achieving my goal," Vandeweghe said of an intense match against a player who was ranked as high as No. 5 in 2014 but hasn't gone past the third round of a Grand Slam tournament since slipping and falling in the locker-room during the 2015 U.S. Open. "Anyway I could get it done — I just wanted to get the result. Achieved my goal."

Vandeweghe will next play the winner of Friday's later match between defending champion Angelique Kerber and Kristyna Pliskova, the twin sister of U.S. Open finalist Karolina Pliskova.

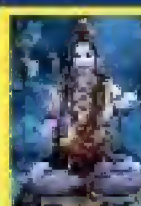
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## MAKE IT TONIGHT

## Decadent French Toast Nuggets with Lemon Ricotta



PHOTO: MAYA VISHNEI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

crusty baguette over sliced bread makes this classic breakfast a million times better since it's soft oozes creamy ricotta filling.

## Ready in 30 minutes

Prep time: 20 minutes

Cook time: 10 minutes

Serves 4

## Ingredients

For the French Toast:

- 1 multi-grain baguette loaf
- 5 eggs
- 1 cup milk
- 1 tsp real vanilla extract
- 1 Tbsp cinnamon
- 1/8 tsp allspice
- butter
- 1 pint blueberries

For the Ricotta Filling:

- 1/2 cup ricotta cheese
- zest and juice of 1/2 lemon
- 2 tsp sugar

## Directions

**1.** Slice baguette into 1-inch pieces and then cut a pocket horizontally through the side into the centre of the slice. In a mixing bowl, whisk eggs, milk, vanilla, cinnamon and all spice.

**2.** In a separate bowl, mix the ricotta, zest, juice and sugar.

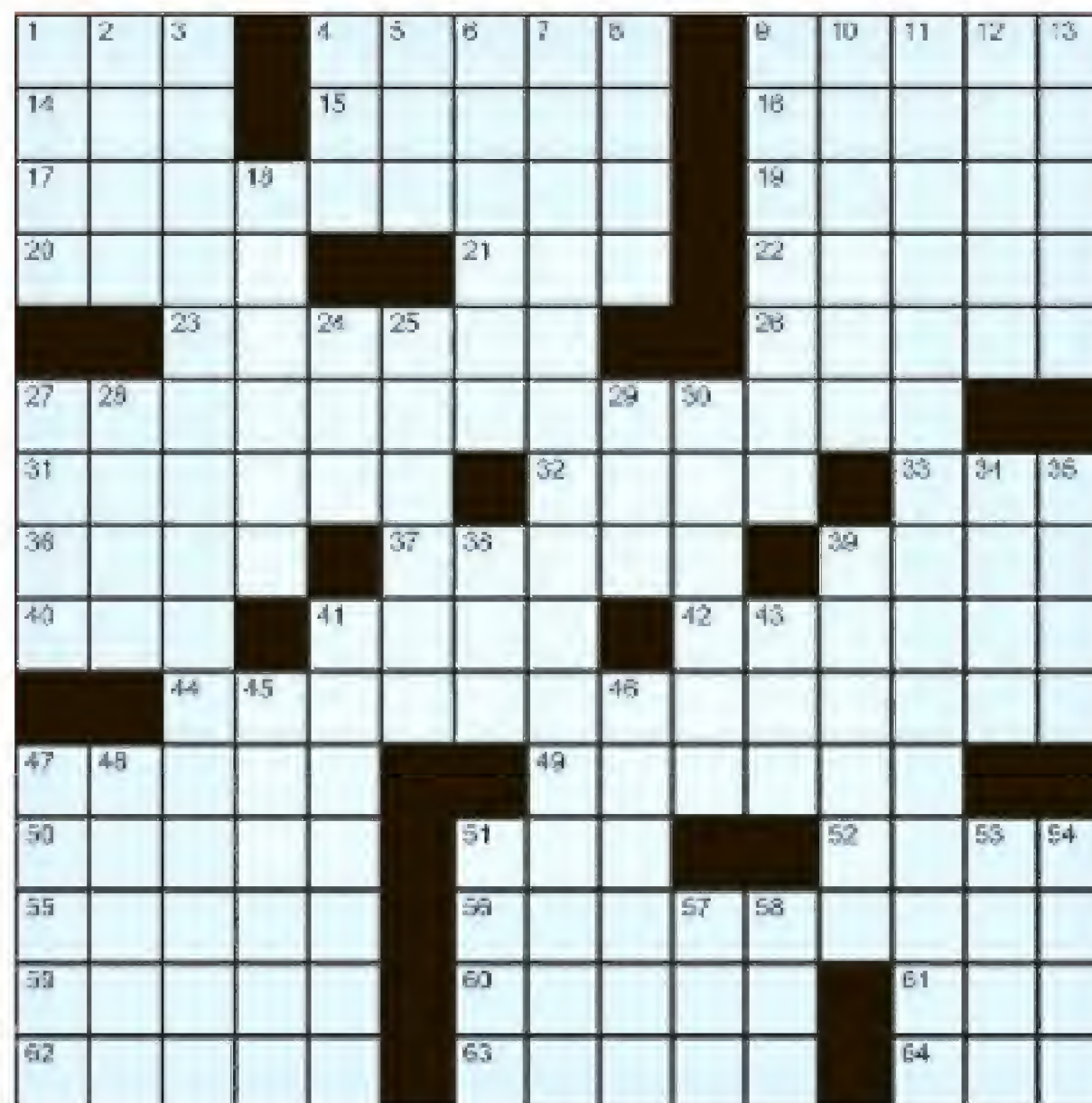
**3.** Using a teaspoon, fill the pocket of each slice of baguette then place pieces into a 8x8 inch baking pan and pour the egg mixture over the bread. Allow the bread to soak for 10 minutes.

**4.** In a large skillet, melt the butter over medium heat then lay down your soaked baguette pieces. Allow each side to cook until golden brown, about 3 to 5 minutes each side. Repeat until you've completed all the slices. Serve with maple syrup

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## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



## ACROSS

11. Coffee mug part  
4. Heaves  
9. Taj \_\_  
14. Tip to 'meter', as per mileage  
15. Earth tone  
16. "Saying it \_\_ thing, doing..."  
17. Brothers-founded movie studio, The \_\_ Company  
19. British actress Ms. Swinton  
20. Tepid  
21. Drips in the hosp.  
22. Ankle bone  
23. Three-horsed Russian carriage  
26. Pyramids place  
27. Alanis Morissette hit: 3 wds.  
31. Rebelled  
32. Christian denomination, e.g.  
33. "Yes." in Paris  
36. "Up and \_\_!" (Rise and shine!)  
37. Himalayas land  
39. Wrongdoing, in law  
40. Sydney is this Australian state's cap.  
41. W.B. Yeats land  
42. Lyric poems  
44. Televised sports feature first used by Hockey Night in Canada in 1955: 2 wds.  
47. Be silent, in music  
49. Push through a crowd  
50. Star Trek: The Next Generation second-in-command  
51. Tree-of-acorns  
52. Lettered grocery stores

55. "Hitch \_\_" by Boston  
56. Pass the \_\_ (Qualify as being legit)  
59. Al \_\_ (Pasta preference)  
60. Moisturizers target them  
61. Dundee refusal  
62. Grain fungus

63. Commencement  
64. Kiefer's actor dad's initials-sharers

## DOWN

1. Dustups  
2. Prefix with 'logical'  
3. Feature of sportswear fabrics: 2 wds.  
4. "Vacation" by The Go-\_\_  
5. Behave  
6. Title of hon-

- our/respect in the Middle East  
7. Goldie Hawn army comedy of 1980: 2 wds.  
8. Ott. hockey players  
9. Knitted hand warmers  
10. Variety of cheese

11. Sidewalk star-getter in showbiz, often: 2 wds.  
12. Down \_\_ (Where escalators go)  
13. Smallest in quantity  
18. There's not any space left: 2 wds.  
24. 'Humor' suffix  
25. "Understood": 3 wds.  
27. Currency in China  
28. Selects  
29. Copycat  
30. Tailed toy flyers  
34. Fertilizer component  
35. \_\_-bitsy  
38. George's lyricist brother  
39. Illuminated with potlights, perhaps  
41. Bruce Springsteen & The \_\_ Band  
43. Collared companion  
45. "I \_\_ know" by Marc Anthony  
46. Subway payments  
47. Barter  
48. Broadcaster  
51. Norwegian city  
53. Namesakes of Mr. Gray of botany  
54. Jeanne d'Arc, et al.  
57. Actor, Jason \_\_  
58. Items-on-paper, e.g.

## \* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
There's no question that secret love affairs are taking place for some of you. Perhaps you have a secret crush on someone, because you have strong and intense feelings that you are keeping private.

**Taurus** April 21 - May 21  
You have strong feelings for a friend today. In fact, the friend might become a lover. Either way, this friendship is important to you.

**Gemini** May 22 - June 21  
People admire you today, especially people in power. This is why a romantic relationship might begin with a boss or someone in a position of authority.

**Cancer** June 22 - July 23  
A romance with someone from another culture or someone who is "different" might begin for some of you today. Others will feel passionate about taking a trip somewhere. (It's important to you.)

**Leo** July 24 - Aug. 23  
Romantic relationships will be passionate now. In fact, you will feel intense about everything you do today!

**Virgo** Aug. 24 - Sept. 23  
You feel strong affection for close friends and partners today. This might even be a wake-up call for some of you, because you might not have realized the depth of your feelings.

**Libra** Sept. 24 - Oct. 23  
You might develop a romantic relationship with a colleague today. Others will use this same energy to try to make their workspace more attractive. You want to improve things.

**Scorpio** Oct. 24 - Nov. 22  
This is a passionate, romantic day for your sign. If you are in a romantic relationship, this is the day for a date. Artists will be creative and productive.

**Sagittarius** Nov. 23 - Dec. 21  
You will be eager to make improvements at home today, especially through redecorating projects. Some of you will explore real-estate opportunities as well.

**Capricorn** Dec. 22 - Jan. 20  
Today something will happen to make you appreciate the beauty in your surroundings, as well as the affection that you encounter on a daily basis in your world. What a blessing.

**Aquarius** Jan. 21 - Feb. 19  
Trust your moneymaking ideas today, because they might be excellent. If shopping, however, you might feel obsessed about buying something.

**Pisces** Feb. 20 - March 20  
This is a good day to look in the mirror and ask yourself what you can do to improve your appearance. You also might buy something to wear that you really like!

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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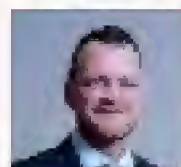
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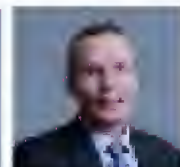
ROB COLEMAN  
DEALER PRINCIPAL  
21 YEARS



DARCY SCHINNOUR  
SALES MANAGER  
20 YEARS



MARTIN VENNARI  
SALES MANAGER  
10 YEARS



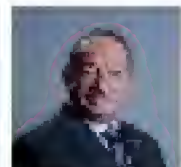
SCOTT CLAY  
6 YEARS



JOHAN DEDEUGD  
11 YEARS



HAN KIM  
25 YEARS



JOE CHIARIZIO  
49 YEARS



AARON SHOWIE  
9 YEARS



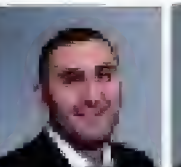
MICHAEL CYBULSKI  
11 YEARS



PHIL LAWRENCE  
23 YEARS



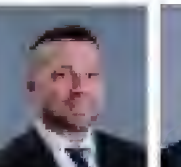
JOHN QUINLAN  
14 YEARS



BILLY MANSOUR  
2 YEARS



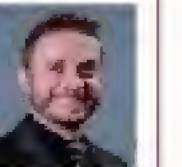
SCOTT SCHINNOUR  
6 YEARS



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